



Annual Report 2013

KIRAN SOCIETY



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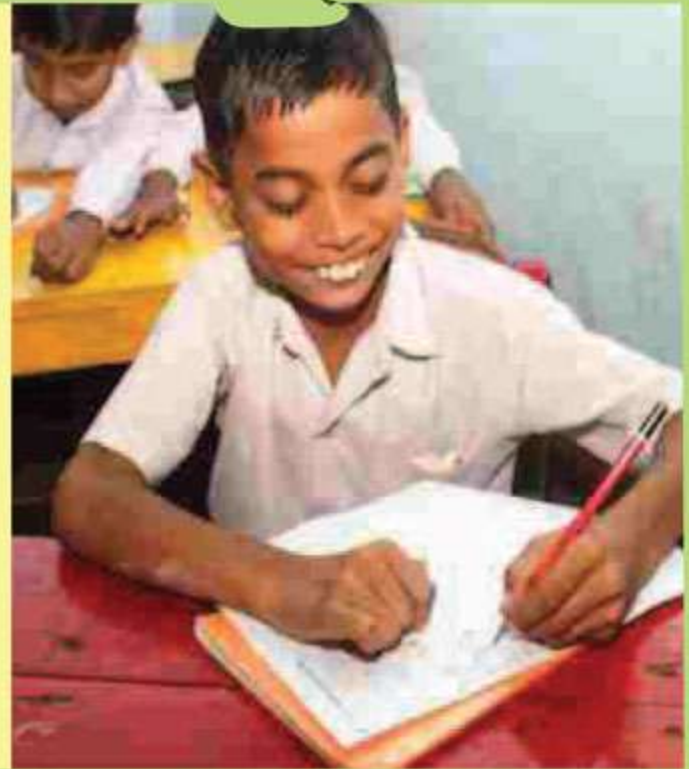
Centre for education, training, rehabilitation & referral services of children and youngsters with different abilities

Vision

KIRAN's Vision is to be a resource centre that empowers differently-able children and young people, in participating with their parents, by providing quality service to them without discrimination of cast, religion or financial circumstances.

Mission

KIRAN provides quality services to support differently-able children and young people in optimizing their talents and skills so that they may live dignified and satisfying adult lives. KIRAN does this in partnership with their parents and families.



KIRAN: To visualize a dream with eyes closed is common, but to truly experience a dream with eyes wide open and see it unfold is rare. We are not talking of fables or fairy tales, but rather we wish to share the story of the adventurous life of a real social activist: "Sangeeta J. K.: Bahanji", who has dedicated her life for the welfare and rehabilitation of the differently-abled and discriminated members of our society, for those who are most in need of affection and special care. In the beginning it seemed an impossibly daunting task to motivate the individuals and families of remote rural areas with differently-abled children or youngsters to accept her dream of serving, empowering and mainstreaming the needy ones. Nevertheless, due to her massive efforts, she soon started getting positive support and encouragement both locally and from abroad, and this gave her the courage and inner resolve to enable her to found KIRAN in the 1990's. And thus her dream was given a name: "A Ray of Hope into the lives" of the differently-abled and their families.

Having started with educational and rehabilitation services in a tiny rented home at Nagwa, Lanka, Varanasi, today KIRAN is offering various needs & rights based services like: education, rehabilitation, vocational/skills training and referral services, to the discriminated and the differently-abled and is playing a vital role in mainstreaming as well as empowering them by searching for suitable job opportunities or by establishing income generation start-ups funded through our Income Generation and Micro-credit Programs. It is also offering valuable services through our C.B.R Program in 30 villages in Mirzapur and 10 villages in M.G.K.V.P. Block of Varanasi as well as an Outreach Program in 7 surrounding districts and neighboring states like-Bihar and Jharkhand. Moreover, we are involved in generating grass-roots professionals who are capable of filling the lack of qualified professionals in this field. Since 2010 we have been running two regular batches (of 25 students each) in parallel for a Spl. Edu. Diploma course in C.P., which is recognized by R.C.I., New Delhi.

Our committed and highly qualified staff (150) as well as reputed society members (22) who act as our guardians, all together are proud to call ourselves the "KIRAN family" where everyone is deeply interconnected with each other from their heart & soul so as to achieve the mission & vision overseen by Bahanji for KIRAN.

We are extremely happy to have with us our wholehearted well-wishers, partners and supporters, who really care, understand and are always with us for our various necessities. We express our thankfulness for their valuable support and hence request it to continue long-lastingly.



Message from Director's desk

It was our dream in 1990, that the legs of all these children with special needs would walk around freely and become part of the society at large, with great self-confidence... Thanks to so many friends and well-wishers from different countries this dream could be realized to a great extent, and we can look with gratitude to God on the many services KIRAN can do today. But there is so much more to be done!!

In today's world where networking is a big reality and has brought people so much closer to each other, it cannot be that we become indifferent to the great need for support which must be given to those who are with a disability and do not have the means for proper care and education.

We are sure that not only abroad, but in our country of India and in U.P. and Varanasi itself there are many persons and corporations who realize their social responsibility. In the name of all these children with special needs we appeal to all: be happy to SHARE! "The smile that you send out returns to you". Yes, the gift that you share with such special children will surely bring you Joy and Happiness!

Sangeeta J. K.

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Abbreviations

HKAFO	-	Hip Knee Ankle Foot Orthosis
CTEV	-	Congenital Talipes Equino Varus
PWD/CWD	-	Person/Children With Disability
C.B.R.	-	Community Based Rehabilitation
P.C.C.U.	-	Parents & Child Care Unit
SHG	-	Self-Help Group
SSA	-	Sarv Siksha Abhiyaan
IGP	-	Income Generation Program
CP/MR/H-VI	-	Cerebral Palsy/Mental Retardation/Hearing-Visual Impairment
AK/E/BK-P	-	Ankle Knee-Elbow/Below Knee-Prosthesis
PHC	-	Physically Handicapped Children
R.C.I.	-	Rehabilitation Council of India
M.G.K.V.P.	-	Mahatma Gandhi Kashi Vidyapeeth



Our ethics of nurturing happiness in the lives of the differently-abled has only become possible because of your valuable and long-lasting support. We are really humbled by your absolute faith in us and hence count on you as a very special part of our "Mission and Vision". Moreover, we expect your positive efforts of guiding and encouraging others to financially support KIRAN, so that its present day needs for empowering and main streaming the needy, can be fulfilled in the most effective way possible. A Big Thanks for being with us!!!

LOCAL SUPPORTERS AND WELL-WISHERS

Mrs. Bharti Madhok	Prof. Brajesh Sinha
World Learning India Jaipur Rajasthan	Mr. Akhilesh Kumar
World Learning India Pvt. Ltd.	Mr. Anil Singh & Mr. Narayani Singh
M/s Maheshwari Marble Industries	Mr. Anil Srivastava
M/s Malpani Traders	M/s Agrasen Welfare Society
Ashirwad Nursing Home	Mrs. Uma
M/s Rajasthan Corporation	M/s Vidula Jaiswal
Mr. Shreeram Upadhyay	M/s Matrishee Charitable Trust
Mr. Gaurav Upadhyay	Mrs. Subina Chopra (Aryan International School)
M/s Hindi Study Programme at Varanasi	Dr. Mrigendra
Novartis India Pvt. Ltd.	M/s Kristi Parishad, D.L.W.
M/s S. Tuli & Co.	Milan Tent House
Dr. Manoranjan Sahoo	Mr. Prakash Gupta
	Mr. Anil Agrawal (Laxmi Cement)

PARTNER AGENCIES

KIRAN FOUNDATION AND FRIENDS ASSOCIATION	:	Switzerland
LILIANE FOUNDATION	:	Holland
CLESS FOUNDATION	:	Germany
FIDEI FOUNDATION	:	France
ASSOCIAZIONE FILEO	:	Italy
VICENZA DIOCESE & FRIENDS	:	Italy
GOLDEN SUFI	:	U. K.
FRIENDS & STUDENTS	:	Ireland
AMIS DE L'INDE	:	Luxemburg
GUIDEN A SCOUTEN	:	Luxemburg
SOIR IM	:	India/ Sweden
DISABILITY AND DEVELOPMENT PARTNER	:	U.K.
PRO BEATRICE HILFSWERK	:	Switzerland
WORLD CHILD FUTURE FOUNDATION	:	Switzerland
SO-HUM	:	U.S.A.



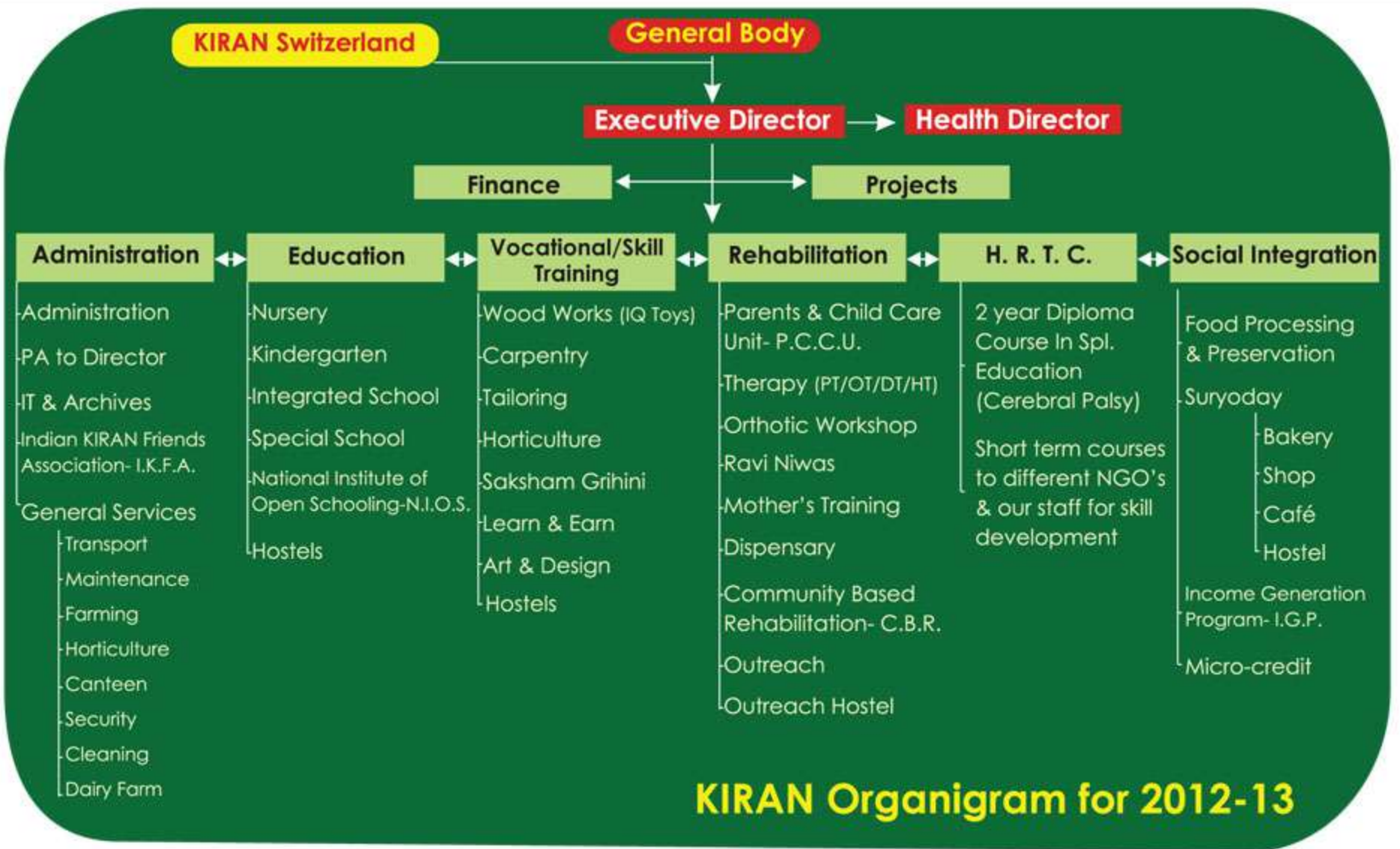
KIRAN IN- INDIA FOR 2012-13 (GB & EC)

Name	Profession	Membership	Address
Dr. Amod Prakash	Medical Doctor	President	53, Budhvihar, The Mall Road, Cantt., Varanasi
Dr. Neeti Lal Vattakunnel	Social Activist	Treasurer	"Lok Chetna Samiti", Chiraigaon, Varanasi
Shri B. S. Mishra	Advocate	Secretary	B 30/235, Nagwa, Lanka, Varanasi
Mrs. Shaheda Khanam	Teacher (Rtd.)	EC Member	H-1, Azad Colony, Maqbul Alam Road, Varanasi
Sr. Irene Gonsalves	Teacher	EC Member	Jeevan Jyoti School for Blind, Akatha, Saranath
Dr. Kamaluddin Sheikh	Service	EC Member	Gandhian Institute of Studies, Rajghat, Varanasi
Shri Manish Upadhyay	Businessman	EC Member	B 2/144, Bhadaini, Shivala, Varanasi
Shri Rakesh Kr. Saraogi	Businessman	EC Member	201, Jawahar Nagar Extn. Colony, Bhelupura,
Prof. Deepak Mallik	Professor	EC Member	B 7/66 Hara Bagh, Sonarpura, Varanasi
Ms. Sangeeta J. K.	Exe. Director-KIRAN	EC Member	KIRAN Society, Madhopur, Kuruhuan P.O., Varanasi
Dr. K. P. Agrawal	Medical Doctor	GB Member	The Fracture's Clinic, Mahmoorganj Varanasi
Dr. Monica Gupta	Medical Doctor	GB Member	B 27/88G New Colony, Ravindrapuri Colony, Varanasi (Samvedna Hospitals, Bhelupur, Varanasi)
Shri Raju Biswas	Driver	GB Member	C/o B 27/88G, New Colony, Ravindrapuri, Varanasi
Dr. Tribhuvan Chaubey	Agricultural Scientist	GB Member	Indian Institute of Veg. Research-Gandhian Institute
Shri Surendra Charan	Advocate	GB Member	H.No-S-17/38, Nadesar, Varanasi
Prof. C. B. Dwivedi	Ret. Professor	GB Member	N 16/52 B 2D, Kolhua, Vinayaka
Dr. Siddharth Lakhota	Medical Doctor	GB Member	P ¾, Ravindrapuri, Lane No-13
Dr. Muniza Rafiq Khan	Lecturer	GB Member	Gandhian Institute of Studies, Rajghat, Varanasi
Mrs. Anita Dey	Principal	GB Member	W.H.Smith, Memorial School, Sigra, Varanasi
Shri Haradutta Upadhyay	Retd. Director (Agr.)	GB Member	B 1/98, Assi, Varanasi
Shri Mukesh Narayan	Co ordinator CBR	GB Member	Jeevan Jyoti School for Blind, Aktha, Saranath PO
Dr. Moreno Toldo	Medical Doctor	GB Member	KIRAN Society, Madhopur, Kuruhuan P.O., Varanasi
Mr. Arun Kumar Gupta	Businessman	GB Member	D 37/116 E, Kamaccha Chungi, Birdopur, Varanasi

KIRAN IN SWITZERLAND FOR 2012-13

KIRAN FOUNDATION		Membership	KIRAN FRIENDS		Membership
Keller Urs	President		Zehnder Urban	President	
Mösle-Hüppi Susann	Vice President		Keller Urs	Vice President	
Hautle Matthias	Tresurer		Kern Barbara	Secretary	
Jaeggy Barbara	Secretary		Hofmann Marianne	Protocoll	
Siegen Peter	Member		Aeberhard Sandra	Member	
Stastny Hampi	Member		Graf Sibylle	Member	
Weder Jürg	Member		Imseng-Timm Petra	Volunteer	
Zehnder Urban	Member		Ischi Claudia	Volunteer	
			Meier Kristin-Milva	Newsletter Editor	
			Cherix Martial	Member	





KIRAN'S Extended Management Team



EDUCATION: It was once very well put by a great South-African Leader and a Social Campaigner, Nelson Mandela: “Education is the most powerful weapon which we can use to change the world.” KIRAN not only emphasizes his thoughts but believes it to be a significant tool with which the educational needs of children with different abilities and marginalized girls can be met in a positive way. Although we have an Inclusive Educational System in KIRAN, we regularly motivate other educational institutions to implement the same principles in their set-ups also. In this regard we are constantly creating greater awareness.



In the past year we carried out the following activities:

We successfully implemented a CCE (Continuous and Comprehensive Evaluation) scheme in our



Inclusive Education System so as to make it more effective and results oriented. This scheme refers to a school-based evaluation that covers all developmental aspects of a student and has been found to be quite helpful in reducing stress in the students. Although we recognize and encourage the development of specific abilities in our students, who do not overemphasize academic achievements, but rather foster participation and performance in other co-curricular areas. As a result we have seen a great boost in their self-confidence.



- During the 2012-13 academic session, we have been trying to place the maximum focus on activity-based teaching in order to increase motivation and interest in learning in our children.
- To reduce stress, we are conducting yoga classes for our hostellers every Saturday and Sunday.



- Our children participated with great enthusiasm in the awareness creation rally on 3rd December 2012, on World Disability Day, which was held at the surrounding premises of Kachahari, Varanasi.
- An entertaining clown show was displayed to our hostellers on 16-02-13, by a German branch of an international association called, Clowns without Borders (CWB), which brought lots of laughter and joy to them.
- A dental group from the faculty of dental sciences, B.H.U. was here to examine our children on 15-12-2012.



- Our 12 hostellers were sent to city hospitals for medical check-ups.
- Around 200 children and teachers from Delhi Public School, Varanasi, visited us on 20-12-2012, to learn about our Inclusive Education System.
- Our differently-abled hostellers were privileged with the purchase of two washing machines.
- Our 110 children participated in various activities during a one week residential summer camp at St. Paul's School, Adalpura, Mirzapur, conducted by our C.B.R. Unit from 20 to 27-05-2012, where they all got a chance to explore their maximum potentials.



- The Halliwick Concept was theoretically and practically introduced to our 3 teachers by Ms. Beryl Klerey- Volunteer from Australia, in the month of May 2012. This concept refers to water activities during which the body is kept totally free.
- Our teaching staff was benefitted with various useful training and awareness programs/workshops/seminars throughout the year. In this regard our 9 staff were given the chance to attend a workshop on AAC (Augmentative & Alternative Communication) at IICP (Indian Institute of Cerebral Palsy)- Kolkata, in June 2012, 2 staff attended a two-day training program on 'Sports Trainer' at Deva Integrated School for the Disabled, Kamacchha, Varanasi from 8-9th November, 2012, 3 staff attended a workshop on 'Inclusion of the Disabled Child in General Classrooms and Assessment of the Autistic Child' on 08-02-2013 at the Faculty of Education, B.H.U., 2 staff attended a seminar at Benaras Hindu University (B.H.U.) on "Inclusive Education in Secondary and Senior Secondary Schools" in November 2012 and 7 staff (including special educators) participated in a full day awareness program on "Early Identification and Early Intervention for Young Children with Autism Spectrum Disorders and Other Developmental Disabilities" on 13-01-2013, held



in our HRTC premises. Overall these programs were found to be very useful for our staff who appreciated the opportunity to upgrade their skills and knowledge.

- Mrs. Neeta Kumar, Director of NIRMAN, visited our school section on 20-02-2012, to train our teachers how to make their classrooms more interesting, friendly and effective.
- Our Executive Director also had a discussion with our teachers on innovative teaching methodologies for an effective classroom.
- An opportunity was given to those children who, due to their disability or family economic status, never get a chance to go for an outing to any of the various public and religious spots like: the Railway Station, Church, Temple, Gurudwara or Mosque. With this in mind a picnic was planned for them too at Saranath and Sitamadhi on 2nd November 2012.



- Our hostellers went to see the Shivratri Mela on 10th March 2013 at Shooltankeshwar Temple.
- Our differently-abled children presented cultural programs at D.L.W., Varanasi on 21st November 2012, on the occasion of Durga pooja, Aryan International School at their Annual Meet and at

B.H.U. for their symposium inaugural ceremony on 21st October 2012.

- Instilling the minds, hearts and souls of our children with the importance and value of all our religious celebrations and how they can bring solidarity and a patriotic spirit to our society, we celebrated together with our children different festivals (religious & national) with great fervor and enthusiasm. The photos offer a glimpse of a few of these moments together:



VOCATIONAL/SKILL TRAINING : It cares for the general skills and personality development of our differently-abled youngsters, who due to uncertain causes are incapable to avail themselves of or continue their education. Before getting started with trainees, we observe the kind of work they are most keen on and which they could be specialized in, so that they could begin to earn their own livelihoods with dignity. During the past year this department carried out various activities:

- The IQ section was merged with the carpentry unit in July 2012, after which it was renamed and is now called Wood Workshop.



- A 1½-year horticulture-training course was once again started in this academic session with an inclusive concept.
- With the amendments to our Grihini Course curriculum we have taken it one step further to an advanced level from July 2012 onwards. Thereby we now call it SAKSHAM GRIHINI. According to the new syllabus, we now offer English and some extracurricular activities like: Beautician, crafts, gardening, workshop, value education, and indoor-outdoor exposures. With this the course has now become more practically oriented.
- A training program in Physiotherapy Assistant

has been from this academic session in which Miss. Nidhi Dubey (student of the HI section of the Spl. Education unit in the Education Department) is our first trainee.



Bakery & Food Preservation Unit is now part of the Social Integration Department but, training supervision still lies with the Vocational Training Department.

- A play room for skill trainees was inaugurated on 20-07-2012 which will be utilized for various causes like: co-curricular activities, indoor games and music events.
- Fresh training batches were started in July 2012 for the tailoring and Saksham Grihini Unit with 25 boys & 4 girls, wood workshop with 3, horticulture with 3, art & design with 2, city shop with 1 and learn & earn with 6 youngsters i.e. boys.
- Mr. Sanjay Albert took charge as the Vocational Training Head in July 2012.
- Monthly sharing meetings were conducted with our staff as well as their in-charges so as to maintain better understanding among themselves & prominent workflow. Meetings were conducted too with the hostellers, to get feedback about the hurdles to overcome in their regular activities.
- An Interaction cum awareness program among our



staff, instructors and parents was conducted for a better knowledge of KIRAN's ongoing activities and training programs; with this in mind a meeting with the guardians of the "learn and earn section" of the Skill Training Unit was conducted on 31-07-2012 in which 16 parents actively participated. Furthermore, a common parents' meeting was conducted twice i.e. on 6-10-2012 and 16-02-2013 in which 64 & 48 parents recorded their active participation. These meetings were conducted as two way interaction programs which were found quite useful in which each one was free to share their opinions.

• Annual examinations for all trainees were



conducted successfully in April & May of 2012, which was based completely on practical skills. Moreover, we conducted various extracurricular activities like making Mehendi, fabric painting, friendship ties, silk painting, food preservatives and wooden key rings, for all trainees and in parallel, special activities such as: Movie, Boating, Dancing, Yoga & Games for our Learn & Earn trainees (Skill Trainees). To make these programs more meaningful, our trainees with our education and training staff were given the chance for a one

night stay in KIRAN where all enjoyed preparing a meal. On the last working day before the start of summer vacation, all our trainees were honored with the certification of the successful completion of the training, after which a farewell was given to all the participants by the 1st & 2nd year trainees.



Placements: Our Gardening Section trainees: Mr. Krishna Kumar got a vacancy as a Gardner in Martharoot School Varanasi, Mr. Vinod Kumar & Mahendra Yadav as security guards in the general services department of KIRAN in this academic session, where all are doing quite well.

Training/Workshop:

• A five-day developmental training program in Wooden Craft was conducted from 28-08-12 to 01-09-12, by ARUNIM of the National Trust, New-



Delhi with which our trainees got several innovative ideas and techniques of how to prepare wooden products. The resource person of this training was Ms. Maulshri- Designer.



- ☛ Mr. Sonu Gupta completed his one-week training in Terracotta Diya making, conducted by ARUNIM from 20th to 23rd April 2012. His prepared items were sent as a sample to the exhibition of ARUNIM, which was very well appreciated by all.
- ☛ Our wood works trainees attended a full day workshop in “making wooden educational toys” on 07-12-2012, where they experienced differences with the advantages and disadvantages between wooden and plastic or PVC toys. The resource person of this training was Mr. Sanjay Albert.
- ☛ A one hour workshop on “Professional behavior &



application writing” was taken by Mr. Anil Kumar Manager, Skill Training for all our trainees in the HRTC Auditorium on 24-07-2012. The objective of the workshop was to give them a sound knowledge of professional behavior which they could use in their daily lives. With that, they were also taught to draft an effective job application.

- ☛ A 3 day training program for art & design trainees on “stitching through electronic machine” was organized from 16th to 18th October 2012, which was conducted by Mrs. Silvia- expert collaborator from Switzerland.



- ☛ Our trainees, Mr. Akash Paul and Mr. Dheeraj Kumar, went to Gorakhpur for a Computer course under the observation of our Social Integration Department. Mr. Dheeraj Kumar successfully completed his Training in March 2013 & Akash will also be completing his soon.
- ☛ Our six 2nd-year saksham grihini students were trained to “make wedding envelopes” by our skills instructor, Mr. Anil Kumar. The intention of this training was to encourage them to do it while remaining at home, after which the items could be sold through our SURYODAY shop. This can open some earning possibilities for them.
- ☛ One week training in Mehendi designing was



found very useful for our Saksham Grihini Girls as they were introduced to the latest techniques and given soft skills - both theoretical and practical. Mrs. Tahseen Jahan was the resource person for this training course from 18th to 21st Feb. 2013.



☛ In order to give additional knowledge about various issues other than training, our trainees were given value education on: “Self Health Care” by Dr. Yogesh Singh on 24-08-2012, “Importance of exposure visits” by Mr. Satish Kr. Mishra (Head-H.R.T.C.) on 21-09-2012 and “marriage & population” by Mr. Dharmendra Rai (Advocate) on 31-02-2013.

Exposures: in order to improve the skills and offer new experiences, our trainees were given several exposures towards their relevant fields:

- ☛ Tailoring and Saksham Grihini students were taken to Arya Mahila Vidhlaya, Chetganj, Varanasi, on 26-09-2012 where they became familiar with their ongoing training activities. What's more, we introduced them to the surrounding local market as well as the shopping mall.
- ☛ Learn & Earn trainees were taken to SOS organization, Chaubepur, Varanasi, on 27-02-2013.

- ☛ Art & Design trainees were taken to Temple, Mosque, Church, Gurudwara and different markets of Varanasi on 18-01-2013. They also got the chance for an exhibition at Benaras Hindu University, B.H.U. on 13-02-2013 and an exposure to the faculty of fine & visual arts, B.H.U. as well as Diesel Locomotive Workshop on 19-02-2013.
- ☛ Our wood works trainees visited Bharat Kala Bhawan and Arts Faculty of B.H.U. on 04-03-13.



Picnic: Trainees and related staff went for a picnic to Lakhaniya Dari, Mirzapur on 09-02-2013. While preparing food and having lunch together, all had extreme fun of bathing and playing games for which the winners were given exciting prizes. Overall, this picnic was quite enjoyable and a remarkable moment for all.

Vishwakarma Pooja: An occasion to worship God Vishwakarma by the workers using the metal tools and machineries in their workshops, was celebrated on 17-09-2012, with the appropriate customs in our vocational training department.

Deepawali Celebration: All trainees participated in the Deepawali feast celebrated in KIRAN on 10-11-2012.



Also our trainees participated in: rangoli making on 15-07-2012 during the visit of KIRAN Movie makers from Calcutta, Benefit Concert on 02-10-2012, making paintings on 20-11-2012, rally on world disability day on 03-12-2012, republic and independence day program on 26-01-2013 & 15-08-2012 and KIRAN Foundation Day on 27-01-2013.

Throughout the year we placed our products stall at different places like: Benefit Concerts on 02-10-2012 and 23-03-2013, B.H.U. on 10-12-2012, Delhi Public School on 20-12-2012, Symposium in KIRAN on 13-01-2013 and many more; we are also working Saturdays keeping stalls at the entrance of the assembly hall.



We are privileged with the support of Volunteers- Samuel & Jonas, in various activities of Art & Design section, since January 2013 onwards.

In-spite of a packed schedule throughout the year, we managed to complete various orders on time like: games, toys, silk scarves, jewelry and other crafts, especially for MESH (Maximizing Employment to Serve Handicapped), Delhi. Also we had sporadically completed and delivered personal orders of our well wishers from Switzerland and Italy. While completing the orders on time we have come to the conviction that we are

on the right track with our production. For future sustainability we are also affiliated with ARUNIM (A scheme of National Trust to support the NGO's for manufacturing/marketing various products) from where we are getting some orders.



Last but not the least: we never forget to do our utmost as regards our most important responsibility of maintaining the physical & mental well-being of our youngsters, who must be given a stress free environment.



REHABILITATION: With great attention and care, this department responds to various valuable needs as well as right based rehabilitation services to the differently-abled like: medication, treatment, advocacy, pre & post operative, therapy, preparing high class artificial prosthesis and orthosis, community based rehabilitation and outreach, all of which maintain regular follow-ups. For all of the above services, a team of well qualified professionals are working quite hard.

Outreach Unit

This unit follows a holistic approach with the differently-abled living in far-off villages of eastern Uttar Pradesh and adjacent regions of Bihar. With a specialized team of professionals consisting of a: Neurologist, Therapist, Orthotist & special educator, regular camps were in collaboration with other NGOs. During this year we conducted 5 general and 4 CP camps in which 343 children with disabilities were identified to whom our specialized services (therapy, education, medical & surgical management) were delivered. In addition, we distributed essential aids & appliances (exclusively manufactured in our orthotic workshop) to the needy at their door steps.

At the general camp, we see all kinds of cases, whereas the CP camps are totally focused towards CP cases which need great attention and additional time for evaluation as well as management. We are constantly in touch with differently-abled children and their parents, and maintain regular follow-ups for each case, thus the positive results are in direct relation to the rehabilitation services given.

In this context time and again we conduct training programs like mother and animator training on our own premises. We also render essential indoor



services to orthopedically disabled children (PPRP, CTEV) staying in or around Varanasi. This year 76 new cases and 1095 old cases benefitted from various indoor services, through this unit



Physiotherapy Unit

This unit not only gives necessary therapeutic services (Hydro Therapy, Therapy through- Mini Horse, Trampoline, Group, Music & Exercise) to those daily coming to KIRAN or residing in campus for various needs, but also collaborates to rest departments in giving therapies to our daily scholars. To offer and maintain quality services, we focused on up - grading the knowledge of our therapists



through timely inviting expert professionals from outside who gives useful practical oriented training, as well as updates of their soft skills, while leaving an open space for group discussions among them.

We also play a vital role in assessing and prescribing prominent orthosis needful to our children for which we work in collaboration with our expert ortho technicians.



Mother's Training Unit

Through a five days training program exclusively designed for mother's & their child having disability, we focused on training mothers the way of handling and managing day to day activities of their child as well as makes them more familiar with the conditions of their child. This training program is been conducted under the supervision of experts from different units i.e. Outreach, P.C.C.U. & C.B.R.

This year we had successfully conducted 17 mother's training program in which 129 parents & 75 children were trained. Among all, maximum training programs were for the parents consisting CP children, 3 were for MR & 1 for Multiple Disability. Also the detailed assessment & planning for each child was drawn by our team of our specialized professionals during the training programs after which the follow-



up was carried out for every child. At the end of the training program, if needed the children were equipped with a special chair & appliances so as to facilitate the functional activities at their home.

Dispensary Unit

With the treatment and medication of our daily scholars, hostellers, children & youngsters coming through- P.C.C.U., Outreach, C.B.R., H.R.T.C., Mother's Training, Social Integration or referral, this unit cares for the emergency treatments for all. For prominent physical health, yearly or sometimes half yearly health checkups are conducted for our children & trainees.

If found severely sick, this unit looks for the referrals and admission formalities to the nearby or city hospitals like: Benaras Hindu University, Shiv Prasad Gupt Hospital (Kabirchaura) and Samvedana Hospital-Bhelupur, after which constant follow-ups



are maintained as per the prescription of the consultant. In the past year this unit had undergone following activities:

- A Dental group from the Dental Faculty-B.H.U. leaded by Dr. Gautam Keshav visited us, who did oral check-ups for all our children and gave oral health education to the parents.
- Botox (Botulium Toxic) Injection was given for muscles spasticity to needy children.
- Health education was given to both- children and parents.
- Medications were given to 53 children suffering from Epilepsy, muscles spasticity, Asthma and Incontinence for the spina bifida.
- Tetanus vaccinations were given to all our staff and new trainees.
- Regular hygiene check-ups for our hostels and canteen were done.
- Quality check-ups of mid day meal for our children was carried out as per the newly implemented nutritional chart.



Parents & Child Care Unit

It's the so called entrance door to KIRAN for those who undergo assessment, counseling and evaluation

& every child with a disability, while enrolling them & preparing their descriptive evaluation reports. For this, a- special educator, neurologist, occupational therapist and psychologist work together as a team. The average influx of the differently-abled to this unit is approximately 10-15/day which comprises both new and old cases. After doing their registration and initial detailed assessment, children are referred to the



appropriate department for further interventions like: physiotherapy, occupational therapy or speech therapy, medical or psychological intervention, education, vocational training and social integration. It also liaisons with the orthotic and wood workshop so as to meet the usual demand for aid & appliances; this unit also collaborates in organizing mother's training & group therapy programs as regards the needs & limitations of individual parents and the child. This unit is mainly concerned with the physical or developmental disorder of a child and after having completed the evaluation & treatment, refers the cases to a special school or skill/vocational training.

A further objective is the child's entire development, including communication skills and main-streaming



which requires the development of their functional as well as academic skills while providing exposure to multi-disciplinary team work, documentation and high quality therapy with strict emphasis on accountability. Both professionals and parents of the differently-abled experience joy when seeing the magnificent changes in the children they work with. Moreover, this unit was involved in the following:



- ☛ Regular awareness creation regarding disabilities, which produced very positive results.
- ☛ The number of Mother's training and group therapy sessions has been increased.
- ☛ A new audiologist cum speech therapist was appointed during the past academic session from whom we are receiving great help in various intervention programs.



C.B.R. Unit

This unit mainly works in 30 villages of Majhwa Block of Mirzapur as well as 10 villages of Mahatma Gandhi Kashi Vidyapeeth Block of Varanasi. This



year they cared for 707 differently-abled children for their overall rehabilitation, helped in their main-streaming in our society and created general awareness among the SHGs. Under the Health, Education, Life earning & Empowerment programs, they carried out the following activities: residential summer training camps, annual parents meeting, village & SHG meetings, teachers and ground workers meeting, meeting with Anganwadi workers, village survey, workshop for ANMA & ASHA workers as well as



health and general awareness programs. Due to above illustrated programs, we are noticing positive results within less time and our society too is developing a positive thinking towards differently-abled

Orthotic Workshop Unit

This unit not only prepares a superior quality orthosis, prosthesis and other mobility devices on affordable cost, but also repairs & does all sorts of maintenance and modifications work for each on demand, while maintaining constant follow-ups. The orthosis is not only distributed within the campus, but are also made available at the door step of the beneficiary through our outreach and C.B.R. programs. Under the supervision of Mr. Hanspeter Stastny- Hampi (P & O expert from Switzerland), our technicians have undergone two skills up-gradation programs each for three weeks in the past year which was quite fruitful.



Animators Training

We have undergone 4 (weekly) animator's training programs in which 52 participants from various states like: Rajasthan, Bihar, Jharkhand, Jammu & Kashmir, Uttarakhand, and U.P. took part with keen interest. All training programs were practical oriented where the participants were given sound knowledge on disability issues. In the recent years, this training



program is found to be very beneficial for the persons working in the field at grass root level and therefore more-&-more demanded.



Statistics of Rehabilitation at a Glance

Outreach Unit

S. No.	New Cases (Indoor)	Female	Male	Total
1	Polio	10	14	24
2	OH	15	20	35
3	CTEV	4	11	15
4	Other	0	2	2
	Total	29	47	76

S. No.	Follow-up Cases	Female	Male	Total
1	Polio	257	307	564
2	CP	104	74	178
3	MR	14	18	32
4	OH	60	187	247
5	CTEV	56	109	165
6	Epilepsy	0	4	4
7	Other	8	25	33
	Total	499	724	1223

S. No.	Services (Outdoor)	Total
1	Therapy Sessions	505
2	Education Sessions	51
3	Doctor's Consultations	146

4	Surgery	33
5	Plaster Correction	15
6	General Camp	6
7	CP Camp	4
8	Patient in OR Hostel	128

S. No.	New Cases	Female	Male	Total
1	Polio	13	40	53
2	CP	33	96	129
3	MR	16	25	41
4	OH	45	62	107
5	CTEV	5	23	28
6	Epilepsy	11	8	19
7	Other	14	21	35
	Total	137	275	412

S. No.	Follow-up Cases	Female	Male	Total
1	Polio	58	47	105
2	CP	60	78	138
3	MR	14	12	26
4	OH	15	20	35
5	CTEV	9	28	37
6	Epilepsy	7	9	16
7	Disability	0	2	2
8	HI	2	1	3
9	Other	16	27	43
	Total	181	224	405

Physiotherapy Unit

S. No.	Diagnosis	School	Spl. Edu.	Voc.Tra.
1	CP	26	25	03
2	PPRP	29	-	04
3	SBF	03	-	-
4	MD	01	-	-
5	OH	02	-	-
6	Amputee	01	-	-
7	Rickets	03	-	-
8	Other	04	-	-
	Total	69	25	07

Other includes CTEV, Torticollis, osteomyelitis, anthrogyrosis



Mother's Training Unit

S. No.	No. Of MT in the mth of	MT	Participant (Children)	Participant (Parents)	From ORS	From PCCU	From CBR	For CP	For MR	For MD	Autism
1	April	1	6	8	-	-	1	-	-	1	-
2	May	2	8	16	1	1	-	2	-	-	-
3	July	1	4	12	1	-	-	1	-	-	-
4	August	2	9	16	1	-	1	2	-	-	-
5	September	2	8	9	1	1	-	1	1	-	-
6	October	3	15	26	2	1	-	2	1	-	-
7	November	1	3	6	1	-	-	1	-	-	-
8	December	2	7	10	1	1	-	2	-	-	-
9	January	1	6	9	1	-	-	1	-	-	-
10	February	2	9	17	1	1	-	1	1	-	-
11	March	1	4	7	-	1	-	-	-	-	1
	Total	18	79	136	10	6	2	13	3	1	1

Dispensary Unit

S. No.	Activity	Student	Staff	Trainee	Outsider	ORS	PCCU	MT	Suroday	HRTC	C.B.R.	Volunteer
1	Student Visit	999	407	358	92	219	12	48	12	39	5	51
2	Health Check-up (Sch)	215	-	-	-	-	-	-	-	-	40	-
3	Medicine Given	51	-	-	-	-	-	-	-	-	-	-
4	Doctors Consultations	108	-	-	-	-	-	-	-	-	-	-
5	Surgery	4	-	-	-	-	-	-	-	-	-	-
6	Vitamin A Distribution	50	-	-	-	-	-	-	-	-	-	-
7	Vaccination Given	-	102	45	-	-	-	-	-	-	-	-
8	Vit. A & D3 Distributed	215	-	70	-	-	-	-	-	-	-	-
9	D worm Therapy Given	215	-	70	-	-	-	-	-	-	-	-
10	Distribution of Ferrous Sulphate with Folic Acid	45	-	56	-	-	-	-	-	-	-	-
11	Botox Injection	5	-	-	-	-	-	-	-	-	-	-
	Total	1907	509	599	92	219	12	48	12	39	45	51

Parents & Child Care Unit

S. No.	New Cases	Total
1	Cerebral Palsy	171
2	Mental Retardation	110
3	Epilepsy	13
4	Hearing Impairment	30
5	Visual Impairment	5
6	Others	34
	Total	363

S. No.	Follow-Up Cases	Female	Male	Total
1	Cerebral Palsy	142	267	409
2	Mental Retardation	40	118	158
3	Epilepsy	9	3	12
4	Hearing Impairment	5	15	20
5	Autism	2	4	6
6	Multiple Disability	4	14	18
7	Other	13	127	140
	Total	215	548	763



S. No.	Follow-up Sessions	Total
1	Education Sessions	430
2	Therapeutic Sessions	656
3	Neurological Visit	451
4	Psychologist Session	135
5	Speech Therapist Session	198

Diagnosis Wise Cases

S. No.	Diagnosis	PCCU	ORS	CBR	SCHOOL
1	DSL in CP	104	08	08	35
2	DSL in MR	42	12	09	14
3	HI	18	02	13	48
4	Misarticulation	40	-	-	26
	Total	204	22	30	123

PCCU		ORS		CBR		SCHOOL	
Assessment	Follow-up Session	Assessment	Follow-up Session	Assessment	Follow-up Session	Assessment	Follow-up Session
204	198	22	02	30	01	123	106

Speech Therapy

Units	P.C.C.U.		Outreach		C.B.R.		School	
	Access	Follow-up	Access	Follow-up	Access	Follow-up	Access	Follow-up
No. of Cases	204	198	25	3	30	1	123	106

Clinical Psychologist Report (Psychological Assessment)

	P.C.C.U.	OR	C.B.R.
No. of Cases	112	31	5

Community Based Rehabilitation Unit

S. No.	Services/Activities	Total
1	Initial Health & Disability Survey	
1.1	No. of village covered	40
1.2	No. of house covered (approx)	7902
2	Advocacy	
2.1	Training of PWDs parents on Rights	16
2.2	Sharing of practical experience of	4
3	Awareness on health & education	
3.1	Meeting With PHC staff	26
3.2	Meeting & training for aaganwari	2
3.3	Meeting with school teacher for	140
3.4	Support to schools (related to incl. Education)	4
3.5	Disability day celebration	1
3.6	Summer camp	1
3.7	Children day celebration	1
3.8	Training of village leader for(RTI & Human)	5
4	Disability prevention	
4.1	Public awareness campaign	6
4.2	Health Education by Ramakrishna	23
4.3	Food suplimentary	164
5	Sensitization of government system	
5.1	Contact with different health centre	14
5.2	Referral to specialist	24
5.3	District disability welfare office visit	23
5.4	District hospital visit (CMO)	21
5.5	Block visit	30
5.6	BSA/BRC visit	22
5.7	Tahasil visit	9
5.8	CDPO visit	9
5.9	Bank visit	39
6	Holistic rehabilitation &	
6.1	Assessment of new cases	71
6.2	Reassessment of all cases	58
6.3	Carry out home based physical	1647
6.4	Carry out home based spl. Education	1723
6.5	Home visits	6822
7	Medical & Surgical intervention	
7.1	Neurological Disorder Camps	12
7.2	Pathology test	26
7.3	Surgical & traction	3



7.4	No. of children receiving regular medicine	15
7.5	Aids and appliances fitment	15
7.6	Arrangement of special furniture	0
8	Individual support in education	
8.1	Admission of new children	8
8.2	Providing study material	32
8.3	Providing uniform	32
8.4	Training & counselling of teacher	127
9	Strengthening of parents	
9.1	Parents training on HBP	3
9.2	Training of volunteer for HBP	1
9.3	Parents meeting	15
9.4	Formation of parents groups	2
9.5	Annual parents meeting	1
10	Insisting & capacity building of SHGs	
10.1	Meeting with community people	40
10.2	Orientation about programme	8
10.3	Formation of groups	4
10.4	Leadership training	5
10.5	Account training	2
10.6	SHG meetings	148
10.7	SHGs exposure trips	2
10.8	SHGs networking /Get together /women day	1
11	Income generation programme (IGP)	
11.1	Orientation about IGP concept /Meetings	72
11.2	Exposure visit to success case	6
11.3	Need based IGP training	0
11.4	New IGP	4
12	Government benefits	
12.1	Medical certificate	62
12.2	New pension (applied)	32
12.3	Identity cord	18
12.4	Rail pass	16
12.5	Bus pass	25
12.6	NREGA job cord	9
13	Need based staff training	
13.1	Training on health care	3
13.2	Training on personality development	2
13.3	Training on documentation	0
13.4	Staff training	0

14	NGO networking	
14.1	Networking development	2
14.2	Networking meeting	1
14.3	Youth meeting	3
14.4	Documentation work individual filing	695
14.5	Meeting with Bank manager	8
14.6	District statical officer with meeting	5
15	Aids and appliances fitment	
15.1	Hearing aids through SSA	55
15.2	Tricycle through SSA	27
15.3	Wheel chair through SSA	41
15.4	Rolator through SSA	5
15.5	Axilla Crutch SSA	21
15.6	Elbow crutch SSA	6

Orthotic Workshop Unit

S. No.	Appliances	Total
1	FO	53
2	AFO	182
3	KAFO	103
4	GRO	21
5	CTEV	56
6	Knee Brace	19
7	Spinal Brace	18
8	Hand Splint	19
9	Helmet	3
10	AK Prosthesis	4
11	BK Prosthesis	12
12	AE Prosthesis	2
13	Foot Prosthesis	2
	Total	494

Animators Training

S. No.	Date	No. of Participants
1	23rd - 27th April 2012	11
2	9th - 13th July 2012	15
3	27th - 31st August 2012	14
4	18th - 22nd February 2012	12
	Total	52



Awareness Program on: **“Early Identification and Early Intervention for Young Children with Autism Spectrum Disorders and Other Developmental Disabilities”**

A one day program on “Early Identification and Early Intervention for Young Children with Autism Spectrum Disorders and Other Developmental Disabilities” was successfully conducted on 13th January 2012; in the premises of our Human Resource Training Centre for which the speaker was Mrs. Nirupama Srikant, Master Trainer, The Com DEALL Trust, Bangalore and the chairpersons for morning and afternoon sessions were: Dr. Sw. Varishthananda, Ramakrishna Mission Home of Service, Varanasi and Sr. Anu Thomas, B.Sc. (ASLP)- Amar Vani School for H.I., Mau. This awareness program was conducted vide a grant by Sir Ratan Tata Trust and Navajbai Ratan Tata Trust, Mumbai to whom our gratitude lies. It was a successful event in which medical professionals (Neurologists, pediatricians, speech therapists, ENT Specialists and Psychologists), teaching professionals (special educators & teachers), social activists as well as grassroots level workers from different educational institutions and NGOs in the disability fields and government educational block coordinators (from both Varanasi and Mirzapur) participated with great interest.



SOCIAL INTEGRATION: By searching best opportunities for the integration & main-streaming of our differently-abled youngsters into our society with dignity and happiness, this department totally cares for their education (general schooling & higher studies), accompanies professional training/studies, helps to establish their self-earning set-up at their door step or as per their suitability, supported through our Income Generation and Micro-credit- programs, or by seeking best job opportunities in those institutions who in-spite of their unusual circumstances understand and appreciate them without any kind of hesitation. Through the above ways, young students have been integrated into society in a holistic way. Even after their integration, the work of this department is not over and hence always in constant touch, encourages and motivates them while taking their families in confidence. It had undergone following important activities in the past year:

City youth meeting: We successively conducted six city youth meetings at every alternative month from May 2012 onwards. The issues of each meeting were different for which we had invited expert resource persons from outside. Objective to conduct such meetings was to create general awareness among our youngsters towards their living skills.

S. No.	Topic Discussed	Dated	Resource Person
1	Scope of employment in multinational companies	20-05-2012	Dr. Sudipta
2	Admission procedures	15-07-2012	Mr. R. N. Rai
3	Rights of information	16-09-2012	Adv. Ramesh Upadhyay
4	Government facilities	18-11-2012	Mr. Dinesh Singh
5	Banking system	20-01-2013	Mr. I. D. N. Pradhan
6	Disability Act & National Trust	17-03-2013	Dr. Kamaluddin Sheikh



Exposure cum Picnic: Our ex-students and Suryoday staff, together had an exposure cum picnic to Parle-G production unit at Ramnagar, Varanasi on 15th December 2012, which was found knowledge oriented and quite enjoyable.



Success Stories of our ex-students/trainees:

Ramnarayan Yadav: Ramnarayan Yadav: A twenty four year orthopedically handicapped youngster, who was referred from outreach unit to KIRAN in 2008 for his educational and rehabilitation needs, was supported by KIRAN with various need based health services and was helped in all aspects to complete his B.C.A. studies. Among three brothers and five sisters, he and his family struggled a lot because of extreme poor condition.

But, “where there is the will, there is a way”, he adopted this theory in his life and we too supported, encouraged & guided him at every step by which he got opportunity to work as a Computer Teacher in Martha Root School in the past year, where he is receiving a good remuneration. Looking over his happiness, his family is now planning to marry him.



Dheeraj Pal: a 23 year youngster who came to KIRAN in 2010 for his training in Gardening, completed his concerned training in 2012. Looking over his interest of doing some professional course after the training in Gardening, we further sent him to Gorakhpur for one year's Diploma Course in Computers Application in 2012. While getting his

computers course completed in 2013, we searched for him a good opportunity as an Computer Typist in NIRMAN also know as South Point School (who is a social welfare organization working for the poor and discriminated children) at both the places- Nagwa & Betawar, Varanasi. We find him quite happy with his service there and by which his ambition of earning and caring his family who due to extreme poor condition was facing difficulties of even day to day survival, came to real and thus he finds himself now capable to fulfill his as well as his families basic life needs.



Sudipta: She is a twenty-year-old hearing-impaired girl, who among two sisters and one brother, got married with an orthopedically handicapped person six years ago. But due to unforeseen reason her marriage didn't sustain and she got divorced with her husband three years back. After coming in our contact in 2009, she had undergone training in Tailoring and Grihini successfully. After completing her training, she started working with UDAYA (an NGO supported by KIRAN for needy girls, run by our ex-employee Mrs. Maria Arul). By our support, she was placed as a care-taker in Martha Root School in 2012.





Somnath and Pinki Bhattacharya: He was one of our first students who came in contact with us for their need based health services. Here he learnt the soft skills in making: paintings, friendship ties, etc. At present they both are working in German Bakery at Assi, Varanasi, (Somnath- as Craft Teacher cum Assistant Baker and Pinki- as an Assistant) on an attractive salary and enjoying their married life happily.



KIRAN Achievers Award: Our three trainees: Mr. Somnath Bhattacharya- Craft Teacher cum Assistant Baker in German Bakery, Aurangabaad, Varanasi, Pinki Bhattacharya- Assistant in the same and Mr.

Sushil Giri- Skilled Worker-Painting in KIRAN as well as one of our ex-student: Miss. Rekha Prajapati, who is continuing her higher studies, i.e. B.A., were awarded the “KIRAN Achievers Award” on World Disability Day i.e. 3rd December 2012, for their achievements.



Suryoday Hostel: Our Suryoday hostellers successfully completed their studies among whom: two of them i.e. Mr. Umesh kumar Rai & Mr. Antu Prajapati got admissions in Bachelors of Commerce (in B.H.U.) & Polytechnic (in Government Polytechnic College, Kanpur), one is doing coaching classes for Medical Entrance Examination, two for Engineering Entrance, two for Bachelors in Financial Accounting and four for Polytechnic Entrance Examination.



Income Generation Program (I.G.P.): A program started in 2001, to financially support our both: KIRAN and C.B.R. former students & trainees for their general schooling, higher studies, training and with that, to establish their income generating set-ups at their doorstep or as per their conveniences, is found to be quite beneficial through which we are helping the needy in all aspects to make their lives healthier and to live with dignity. A glimpse of a few I.G.P. beneficiaries is displayed hereunder:



Rashidunisha



Anish Yadav



Ajeet (C.B.R.)

Suryoday Shop: As a whole the Suryoday Shop is categorized into three:



The Shop: It consists of a vast range of bakery, food preservative, wooden I.Q./other and craft- products, exclusively prepared by our differently-abled trainees & staff. It's a great presentation of the abilities & skills of the so called disabled and with that a medium by which they could be very well appreciated by the society.

Swiss Bakery: After shifting our bakery section from ground floor to upstairs on 7th October 2012, we find now sufficient space to carry on our routine activities in more prominent way. Three staff members supported by two trainees are really working hard in maintaining the consistency of quality and prepare fresh products like: bread, bun, cake, biscuits, and lots more, according to the demand of our regular customers or agencies. It's great to share that local and foreign customers have increased a lot recently and we are also supplying our products in bulk to different hotels, guest houses and school. With the concept of believing more in quality than the quantity, very soon we are getting positive results against our efforts.

Café: Amidst the noise of the city, our café



seems to be a very calm place to spend some time with the family and friends in a very relaxing atmosphere. We feel proud to say that our small but beautiful



café' really cares for our customers & serves delicious dishes which our regular customers are much fond of. Kindly visit at least once our shop cum bakery cum Café to enjoy the services offered especially by our differently-abled youngsters. **Snacks Corner at W. H. Smith School:** On all working days, we place our snacks corner at W. H. Smith Memorial School, Sigra, in which healthy food items consisting of biscuits, buns, cookies, cakes, and many more..., are kept for sale and is very much liked by our ex-student Mr. Rakesh Kannaujia is taking care of this snacks corner along with his studies from Central Hindu School, Kamaccha, Varanasi.

Swiss Bricelets: Our trainee- Mr. Rajkumar has started making both sweet and salty Swiss Bricelets from 8th October 2012, which is kept for sale outside our Suryoday Shop. The purpose to keep these tasty



Bricelets outside the shop is to attract more & more customers so as to lead them inside to our exclusive shop.

Food Preservation: This section trains our youngsters the techniques of preserving vegetables-fruits in the form of pickle, jam, jelly, squash, etc., without using any chemicals & with that the Indian spices too. Today our trainees and staff are totally packed in fulfilling the demands from different

organizations and our regular customers, on time. To maintain the optimum quality we try to utilize utmost the raw materials available in KIRAN itself. The production status of this year is illustrated hereunder:

Production detail of Food Processing & Bakery Unit

(April 2012 to March 2013)

S. No.	Item Details	Production (in Kgs)
1	Jam	86.50
2	Pickle	528.25
3	Squash	95.5 Ltr
4	Jelly	66.75
5	Tomato Sauce	11.00
6	Spices	70.03
7	Murabba	33.00
8	Other Preservatives	170.00
	Total	965.53 kg + 95.5 lt

S. No.	Item Details	Production (in Kgs)
1	Brown Bread big, sliced	2198.05
2	Seed Bread medium,	645.00
3	(Zopf) Choti Bread	7.05
4	Butter Chocolate	16.300
5	Marble Cake	33.750
6	Chocolate Cake	23.250
7	Dry fruit Cake	7.500
8	Lemon Cake	39.750
9	Muesli	193.00
10	Peanut Butter	107.500
11	Butterfly Biscuit	31.100
12	Chocolate cookies	45.100
13	Raisin Bread	34.00
14	Croissant	10.4
15	Carrot Cake, round	9.00
16	Cashew Biscuit	22.700
17	Peanut Biscuit	92.700
18	Marble biscuit	14.450
19	Chocolate Biscuit	29.900
20	Butter Biscuit	27.900
21	Jam Biscuit	27.00
22	Bun	648.00
23	White bread	430.00





Anniversary of Suryoday: First anniversary of Suryoday's new opening was celebrated with great joy on 08-10-2012, at the terrace in which various cultural programs were presented by our children and youngsters. It was appreciated by all our guests.

Interaction program with tourist guides: It was conducted on 25-01-2013 to make tourist guides familiar of our services. It was a +ive interaction by which we had encouraged them to plan for their visits to KIRAN with their tourist groups.



HUMAN RESOURCE TRAINING CENTRE: Our nation is presently facing a great challenge to rehabilitate approx. 3 crore of population with special needs through various ways among which, we can meet the educational, training and rehabilitation needs of the challenged people by developing appropriate human resources, which has been one of our core intervention areas also. Apart from the capacity buildings of our staff and professionals of disability field, we also offer pre-graduate level diploma course in Special Education in Cerebral Palsy (CP), recognized by R.C.I., New Delhi. It's a two year programme by which we train students to make them qualified special educators. Initiated with single batch of 25 students in 2010, we are now constantly running two regular batches of 25 each, at a time. Along with the yearly packed schedules, we also conducted several workshops, short term training programs and seminars for: animators, parents and teachers in the past year. Glimpse of our yearly activities is exhibited hereunder:



• Our third batch with full intake capacity of 25 students was started from 5th of July 2012, among whom 17 are females and 8 are males of which,



mostly belongs to rural or marginalized society. It was good to notice this time more females coming from the remote rural areas and enthusiastically applying



for this course to become a qualified special educator. In the first week of their training, we had given them several orientation programs on disability as well as ice-breaking activities so as to make a homogeneous group by which they could be involved in different group activities among themselves and also with our differently-abled children. In the meantime they were also located to different departments for having exposures to our organizational activities where they



also got chance to interact with our differently-abled children & youngsters.

With this, our second year diploma students have also undergone regular classes from 9th July 2012 onwards with the strength of 24.



Along with the routine academic activities, our finalists of IInd batch were involved with our integrated primary scholars in various co-curricular activities like: painting, drawing, music and drama, at KALAKAR DIWAS (Artist day) through which their hidden talents were exposed. Also, we had arranged a lecture on Ethical Issues which was very fruitful. Our seven staff had gone for higher studies and



several was updated with the new inputs in their relative field of working while giving them chance to participate in workshops and seminars.



Orientation Programme:

We are obliged to the positive approach of various organizations who with great interest wanted to gain some basics of disability and know the overall rehabilitation process. From July 2012 until March 2013, we had registered two hundred six people who successively joined orientation programmes on disability.



S. No.	Organization	Participants	Dated
1	Jeevan Jyoti School, Varanasi	25	31-08-2012
2	Mahila Samakhaya, Allahabad	55	01-11-2012
3	Delhi Public School, Varanasi	91	10-12-2012
4	Krishnamurti Foundation, Varanasi	35	12-12-2012

Grass Root Workers Training:

Trainings were given to forty seven grass-root workers in four batches on basic management of disabilities, which was found quite enriching experience for both: the participants & we too. During the training, we gave them practice in acquiring skills of their relative working field and told them to come once again to have advance training.

S. No.	Activities	Participants	Dated
1	Basic Management of disabilities	11	23-28 April 2012
2	Basic Management of disabilities	11	09-14 July 2012
3	Basic Management of disabilities	14	27-31 Aug. 2012
4	Basic Management of disabilities	11	18-22 Feb. 2013

In addition to above, our diploma students were given chance to participate in several fruitful programmes:

S. No.	Activities	Participants	Dated
1	House Visit of students	24	27-07-2012
2	Blood donation program	20	26-09-2012
3	Assessment Camp (CBR)	25	28-09-2012
4	Disability day celebration	49	03-12-2012
5	Christmas Celebration	49	21-12-2012
6	12th National Cerebral Palsy Para Athletics Championship	23	26-28 Feb. 2013



Other Activities:

Our gardening staffs are working hard in keeping our campus green & producing varieties of vegetables by which we have been able to offer a healthy diet to our diploma students and guests.



Our seventeen students got partial/full tuition fee under the scholarship scheme.

Also, we had undergone or participated in the below illustrated activities:

	Activities	Participants	Dated
1	Benefit Dinner	40	02-10-2012
2	Benefit Lunch	38	30-12-2012
3	Departmental Picnic	60	16-03-2012
4	Naturopathy workshop	18	04-06 Jan.
5	Raw vegetable production	1009 kgs	July to March
6	Concurrent field work of MSW	08	Aug. 2012 to March 2013



ADMINISTRATION: This department administers and maintains the smooth functioning of regular ongoing activities of KIRAN and is always available at the service to others. In the past year, this department consisted of the following activities:

It's great to share that we are now registered as a Vocational Training Provider-V.T.P. affiliated to I.T.I. under the Skills Development Initiative Scheme (SDI) and have got approval to run three training batches each of 10-20, for: Wood Works, Garments Making and Food Processing & Preservation. Admissions for all above training batches will be taken most probably in July 2013, so that the classes could be started in parallel for each from August 2013 onwards.

“KARUNA BHAWAN”: An undergoing construction of the residential apartment cum shelter home for those differently-abled who don't have shelter of their own or living in extreme diverse conditions, was finally completed and inaugurated on 28-11-2012 by Mr. Rudi Zai- Architect from Switzerland, who supported us a lot in completing this construction. While expressing our deep gratitude we dedicate this shelter home to Lt. Abbe Pierre, whose Foundation supported us financially in constructing this building.





Learning Week: A four day learning program for our staff from 3rd to 6th January 2013 was once again found very effective as it consisted various activities like: cooking, treatment through naturopathy, food preservation, painting, puppet making, spoken English, with that a three day workshop on “Effective- Team Building and Interpersonal Relationship- IPR” was also arranged for all our unit in-charges. For different activities, we had invited expert resource persons of relevant fields.



At the same time, an exposure cum outing was offered to our hard working General Services staff at the

Krishnamurthy Foundation India Rajghat, Varanasi. There they got the chance to see organic farming, dairy farm & honeybee up-keep, followed by effective ways of utilizing and installing a Bio-gas plant. After the visit, they were offered a wonderful meal in a Dhaba (restaurant) named “Aahaar-Vihaar, near Amara-Akhari by-pass road, Varanasi” which made them feel happy and relaxed.

Celebrations & Program: Throughout the year, we conducted/celebrated various programs & feasts like: **Program-** Independence Day, Republic Day, World Disability Day, D.L.W. Sports Day, **Celebration-** KIRAN Foundation Day, Deepawali, Christmas and ID, with great joy and enthusiasm, glimpses of which follow hereunder:



Staff Picnic: We had taken our entire staff for a picnic at Lakhania Dari, Mirzapur, on 3rd March 2012, where all had good fun. After having a delicious lunch in which everyone contributed in preparing it, exciting games were organized of which the winners



were offered exciting prizes. Over and all, it was an enjoyable and memorable day for all.



Staff get-together: To strengthen our interpersonal relationships, which are essential to carrying out our work activities smoothly, a gathering was organized for all staff members on 31st December 2012. We first had a meditative moment of thanksgiving for the past years of good collaboration among our team, and after this we divided into ten groups who had to circulate throughout the campus to solve some exciting puzzles within a limited time. The concept of such an activity was to test the general ability & awareness of our staff. The winner was awarded an exciting prize. This was followed by our newly married couples offering snacks to all the staff and at the same time



staff giving them some entertaining tasks to do. With that the whole day entertainment program came to an end while saying good bye to 2012.

Benefit Events: In order to display the colorful world of our KIRAN Village for members of our society that are unaware of our mission and vision, we conducted three charitable benefit events on: 02nd October 2012, 30th December 2012 and 23rd March 2013. These events were quite successful, appreciated a lot by all and it was a new way for us to interact with others. In the first two events around 30-35 members were invited to whom we showed: a KIRAN Film, activities by way of a PowerPoint presentation, cultural programs led by our children and last but not least, we offered them a delicious meal, prepared by our staff.

The recent concert organized on 23rd March 2013



was a musical evening in which artists of vocal-instrumental music as well as classical dance from Varanasi performed a wonderful program. For all of the above events our invitees' were requested to freely contribute from their heart. Our guests at these concerts were highly motivated and had requested us to organize such events from time to time in the future also.

World Disability Day: An awareness rally was done on 3rd December 2012, at world disability day from Varuna Ghat, Kachahari, Varanasi. With around 300 differently-abled children, trainees & staff, we marched holding banners in their hands and rights based slogans; distributed awareness pamphlets, KIRAN leaflets & publications as well as sang songs, all of which created greater awareness and enthusiasm. Shri Santosh Kr. Singh Superintendent

of Police, Varanasi, flagged the rally, after which we moved to Ordely Bazaar, Bhojuveer and ultimately ended in front of circuit house gate. Our special guests for the closing ceremony of the rally and the "KIRAN Achievers Award", which went to our three ex-trainees (Mr. & Mrs. Somnath & Pinki Bhattacharya, Mr. Sushil Giri) and to one of our ex-students Miss. Rekha Prajapati, was Shri Sadan Gopal Mishra, Treasury Officer and Shri Jitendra Rai, Backward Welfare Officer Varanasi

Matrimonial Announcement: A few of our staff got married in the past year i.e. Saurabh-Savita, Babulal-Soma, Murari-Monica, Vinod-Ranju, Gopal-Pritee & Ganesh-Rubi, for which they all were greeted and blessed by the entire KIRAN Family to live their married life happily.



- ☛ We were extremely honored by the visit of the Luxemburg Ambassador, H.E. Mr. Gaston Stronck & his team on 5th November 2012.



- ☛ A group of scouts from GUIDEN A SCOUTEN, Luxemburg, was here for two weeks March/April 2013 and supported us by restoring our playground for the school children. Their visit was really helpful for us and gave a beautiful chance for an exchange of our different cultures. We want to say a big THANK YOU to these scouts.



- ☛ Mr. Dijo K. John joined as a HoD- Administration at the beginning of the academic session 2012-13.
- ☛ We are extremely benefitted with the valuable voluntary services of Mr. Leo Vetterlli (from Switzerland). He is with us from 15-01-2013 & will be continuing his services till December. Also, we were privileged with the services of Mr. Kartikeyan, from Tamilnadu in Dec. 2012.

GENERAL SERVICES: Being the part of our Administration, this department is quite committed, hard working & supportive in other departmental ongoing works. During the past year, it consisted of following activities:
Farewell: Our very first founding member Mr. Lallu Ram (Cleaner in G.S.) got retirement from his service. For his long-life devotion to KIRAN, we honored and blessed him to live the rest of his life in happiness with his family.



- ☛ Construction of the double story school building (school extension from VIth to VIIIth) beside the conference room is continuing with great urgency since Nov. 2012 and will be completed by July 2013 so that our classes for the new scholastic year can be started on time.
- ☛ Our campus transformer was upgraded from 25 to 63 kva because of increased electricity consumption. Also a 10 kva transformer was installed for our boys & outreach hostel premises.
- ☛ Two store rooms were built behind the school unit, and the roof construction of Suryoday House was also completed.
- ☛ So as to give sufficient sitting space and to provide comfort when traveling to school, we purchased a 43-seater bus which was inaugurated on 14th



August 2012. We give thanks to our friend Roland Straessle who donated it shortly before his death due to severe illness.



Thanks to the vigorous efforts of our farming team, we were able to produce a good quantity of various yields like:

S. No.	Particulars	Productivity (in kg)
1	Rice	2700
2	Wheat	3000
3	Gram	407
4	Pea	479
5	Potato	490
6	Tomato	357
7	Garlic	89
8	Coriander	10
9	Milk	22432 liter
10	Fish	120
11	Vegetables	2147

☛ We have become very conscious now-a-days of utilizing waste water for cultivation and are focusing more on organic farming.

Apart from the above activities, we have kept some work in provision for the near future:

- ☛ An electric panel will be built for our HRTC premises.
- ☛ Boundary walling/fencing for the vegetable field and the newly purchased land near our backyard will be done.
- ☛ An interior false ceiling will be built for our girl's hostel and community hall.
- ☛ Installation of Bio-gas plant and its effective utilization is planned.

Indian KIRAN Friends Association-IKFA: We feel encouraged and very happy with the success of IKFA and find it an effective way of making strong and long-lasting interpersonal relationships with society. Our regular motivational programs have been receiving positive responses from many who have expressed their willingness to support us wholeheartedly. In order to maintain their support, we encourage them to continue with their monthly, quarterly and annual IKFA memberships, which are used purely for the welfare of the discriminated children and youth who, because of their disability and extreme diverse conditions, are not even able to avail themselves to basic rights-full services. With the help of IKFA funding the needy get a chance to experience a holistic approach whereby their maximum potentials are uncovered and fully developed. We are grateful for the valuable support of our members and hence wish to make our appeal to them to carry on with their precious contributions in future as well. Their generosity will help us to empower our differently-abled youngsters, which will surely gain them respect and make their lives more joyful. If anyone you know is interested in joining IKFA! just tell them to contact us at 9794039475 or mail to: ikfa@kiranvillage.org, our IKFA representative, Mr. Vinod Goswami, will get in touch with them.

Statement of IKFA from 01-05-2012 to 31-03-2013

Monthly Membership	15
Annual Membership	20
New Memberships from 01-05-12 till 31-03-13	35
Total Members till 31-03-2013	270
Contribution Received from 01-05-12 till 31-03-13	79,476/-



Progress Report					
	2008-09	2009-10	2010-11	2011-12	2012-13
A. Education Department (Strength of Students)					
Kindergarten	28	42	39	39	45
Integrated School	73	69	81	106	120
N.I.O.S.	16	20	11	08	08
Special Education					
a. Cerebral Palsy	38	46	37	38	42
b. Hearing Impaired	12	37	25	25	29
Total:	167	214	193	216	244
B. Vocational Department (Strength of Vocational & Skill Trainees)					
Horticulture	04	03	04	05	05
Art & Design	10	15	10	11	13
Wood Works(IQ Toys)	04	05	02	03	02
(Including Carpentry)	00	00	05	05	10
Orthotic Workshop	01	01	02	02	02
Computer	01	02	00	00	00
Tailoring	27	20	18	22	21
Saksham Grihini	13	17	15	15	12
Food Processing & Preservation (Learn & Earn)					
	00	00	16	17	19
Bakery	04	04	02	02	02
Tea Stall	00	00	01	01	01
City Shop	00	00	00	00	01
Total:	60	63	57	64	88
C. Social Integration Department					
City Hostellers daily going to schools					
	13	16	17	20	18
Outsiders under KIRAN's Care for Education					
	118	132	148	149	149
Referred cases	30	32	36	36	30
I.G.P. Beneficiaries	67	75	87	91	95
D. Human Resource Training Department					
	NA	NA	25	24	49
Hostellers in KIRAN	60	65	80	65	79
Daily children/youngsters/students in KIRAN					
	244	297	310	344	381

For the statistical view of rehabilitation department, kindly refer to page no: 18 to 21



Kiran Society

Consolidated Balance	(in 1000 Rs)	31.03.2012	in % of balance	31.03.2013	in % of balance
Liabilities					
Capital Fund		94,083	96.4%	100,744	95.0%
Corpus Fund		2,864	2.9%	4,559	4.3%
Health Welfare Fund		674	0.7%	762	0.7%
Total Liabilities		97,621	100.0%	106,065	100.0%
Assets					
Fixed Assets: Land		12,449	12.8%	12,449	11.7%
Fixed Assets: Buildings		38,274	39.2%	44,561	42.0%
Fixed Assets: Moveable items		12,796	13.1%	11,249	10.6%
Live Stock		101	0.1%	79	0.1%
Deposit for Land Document		111	0.1%	111	0.1%
Accrued Interest on FDRs		0	0.0%	336	0.3%
Loans + Advances		221	0.2%	402	0.4%
Liquid Assets		33,670	34.5%	36,879	34.8%
Total Assets		97,621	100.0%	106,065	100.0%

Consolidated Income and Expenditure	(in 1000 Rs)	31.03.2012	in % of Ttl I+E	31.03.2013	in % of Ttl I+E
Incomes					
Donations and Contributions, international		36,611	87.5%	36,673	80.6%
Donations and Contributions, locally		3,156	7.5%	3,788	8.3%
Income of services rendered, locally		592	1.4%	859	1.9%
Bank Interest		1,477	3.5%	4,190	9.2%
Total Incomes		41,837	100.0%	45,510	100.0%
Expenditures					
Raw materials for programm costs		2,757	6.6%	3,497	7.7%
Canteen expenses		755	1.8%	805	1.8%
Hostel expenses		821	2.0%	1,106	2.4%
Training, education + materials for students + trainees		1,699	4.1%	2,659	5.8%
Personnel costs		18,936	45.3%	20,471	45.0%
Personnel trainings, workshops + seminars		171	0.4%	104	0.2%
Medical expenses, health camps + surgery		1,184	2.8%	996	2.2%
Repair + maintenance		1,984	4.7%	1,119	2.5%
Vehicles		1,581	3.8%	1,883	4.1%
Energy and waste disposal		845	2.0%	992	2.2%
General administrative expenditure		671	1.6%	552	1.2%
Communication, telephone and IT		298	0.7%	295	0.6%
Awareness and PR-activities		245	0.6%	339	0.7%
Financial expenditure		31	0.1%	28	0.1%
Depreciation		3,691	8.8%	4,004	8.8%
Capital Fund (Excess of income over expenditures)		6,168	14.7%	6,661	14.6%
Total Expenditures		41,837	100.0%	45,510	100.0%



S. TULI & Co.

CHARTERED ACCOUNTANTS

B. HALWASIA COURT,
HAZRATGANJ,
LUCKNOW - 226 001Telefax Off. 0522 { 4011580
3012235
2231453Mobile : 9839014345
9336256000
9839016150

E-mail : stulandcompany@hotmail.com

To,
Kiran Society
Kiran Village - Madhopur,
P.O Kuruhuan, Varanasi.

27.04.2013

Subject : *Audit report of Kiran Society for the year ending 31-03-2013.*

We have audited the attached Balance Sheet of Kiran Society, Varanasi, as at 31st March 2013, Statement of Receipts & Payments and Statement of Income & Expenditure for the year ended on that date and report as under :-

1. We have obtained all the information and explanations which to the best of our knowledge and belief, were necessary for the purpose of Audit.
2. In our opinion, proper books of Accounts have been kept by the Society so far as appears from our examination of the Books of Accounts.
3. The Balance Sheet and Statement of Income & Expenditure dealt with by this report are in agreement with the books of Accounts.
4. In our opinion and to the best of our information and according to the explanations given to us, the said accounts give a true and fair view.
 - (a) In the case of Balance Sheet of the State of Affairs of the above named Society as at 31st March 2013; and
 - (b) In the case of Income & Expenditure Account, of the Surplus for the accounting year ending on that date.

Yours faithfully,
For S. TULI & Co.
CHARTERED ACCOUNTANTS



AUDITORS



रंगारंग कार्यक्रम में निखरी प्रतिभा



कार्यक्रम प्रस्तुत करती छात्राएं।
 वाराणसी : बच्चों द्वारा निर्मित सामान की दुकान के एक साल पूरा होने पर लका स्थित गंगा बाग कॅलोनी में सामाजिक संस्था 'किरण' के तत्वावधान में सोमवार को रंगारंग कार्यक्रम का आयोजन किया गया। कार्यक्रम में पूजा ने भजन, गुजा ने नृत्य, संदीप ने गजल तथा अर्जुन सोनकर ने गीतों के जरिए समा बोधा। संस्था की निदेशिका संगीता बहन ने बताया कियहाँ के लोग किरण से जुड़े एवं बच्चों द्वारा बनाए गए सामान खरीदकर उनका उत्साहवर्धन करें। कार्यक्रम का संचालन इमरान अहमद व धन्यदाद झापन

Treat disabled at par with others: SP city

HT Correspondent

VARANASI: An awareness rally was taken out on the International Day for Persons with Disabilities (IDPD) in Varanasi on Monday. The IDPD is observed annually on December 3 for raising awareness on the issue. An NGO, Kiran Society, a centre for education, vocational training, rehabilitation and referral services of children and youngsters with different abilities had organised the rally. Superintendent of Police, City, Varanasi, Santosh Singh led the rally that traversed between Ambedkar Park-Varna Bridge and circuit, district headquarters.

About 100 students took part in the event and carried banners, placards with messages like 'Disability is not a sin' and 'Disability is merely a thought, not fault,' among others. Through the awareness rally, the differently-abled children sought equal social acceptance at par with the normal children of the society and demanded equal rights and facilities for their education and health.

While addressing the gathering during the inaugural rally, SP city Santosh Singh said, "The differently-abled children have all the courage and the grit to take on life just like normal children. These children should not be discriminated by the society in any manner and should be given equal treatment and



(Above) Students taking part in the awareness rally to mark the International Day for Persons with Disabilities, being held at district headquarters in Varanasi on Monday and (below) Experts addressing the rallyists.

HT PHOTO

खुद को उपेक्षित न समझें विक

विशेष प्रतिवेदन



इन्हें गले लगाएं,

विकलांगता एक अलग ही पहचान है। इसे समझने और स्वीकार करने की जरूरत है। हमें इन लोगों को अपने साथ ही देखना चाहिए।

हमारे समाज में विकलांगता को एक अलग ही पहचान देना जरूरी है। हमें इन लोगों को अपने साथ ही देखना चाहिए।

विकलांगता एक अलग ही पहचान है। इसे समझने और स्वीकार करने की जरूरत है। हमें इन लोगों को अपने साथ ही देखना चाहिए।

THE DIFFERENTLY- ABLED CHILDREN SOUGHT EQUAL SOCIAL ACCEPTANCE AT PAR WITH THE NORMAL CHILDREN

are given to the other children." Kiran Society activists Manoj Kumar Singh and Rajendra Nath Rai also emphasised on the need for increased awareness on the issue of disabilities among the society.



विकलांगता किस पर खतर नहीं है विकलांग लोगों के अधिकारों का, उन्हें उनका सार सार्यक

अभिशाप नहीं है विकलांगता, बस नजरिया बदलें

दिल्ली | मित सहस्रका

विकलांगता एक अलग ही पहचान है। इसे समझने और स्वीकार करने की जरूरत है। हमें इन लोगों को अपने साथ ही देखना चाहिए।

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अबम खिलाड़ियों ने दिखाये हाथ

अबम खिलाड़ियों ने दिखाये हाथ। उन्होंने अपने कौशल को दिखाने में सफल रहे।

अबम खिलाड़ियों ने दिखाये हाथ। उन्होंने अपने कौशल को दिखाने में सफल रहे।





KIRAN-SURYODAY

We are always at the service of customers with different varieties of fresh and quality bakery products (bread, cake, biscuit, bun, & lots more..) prepared by our differently-abled youngster trainees. With that, we also have a good range of: wooden toys & IQ, Craft, garments, processed and preserved jam, jelly, pickles, squash and spices, & many more exciting products at our Shop at: **“KIRAN-SURYODAY”, B-30/1 D, Gangabag Colony (Near Bank of Baroda), Lanka, Varanasi-221005, Uttar Pradesh, India, Ph. No.- +91 542 2367331, Mail: suryoday@kiranvillage.org**



Our rapid shop & door delivery services (in case of regular bulk orders) on all working days between 08.00 a.m. to 08.00 p.m., is available to our many satisfied customers.

Your single or bulk order at our KIRAN Shop will definitely encourage our youngsters in special needs and will make easier our task of empowering and main streaming them holistically with dignity in our society.



Our free bus services are available at 8.00 & 09.30 a.m. from Suryoday, Lanka, Varanasi on all working days, which returns at 03.00 & 04.30 p.m.

KIRAN SOCIETY

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