KIRAN Centre

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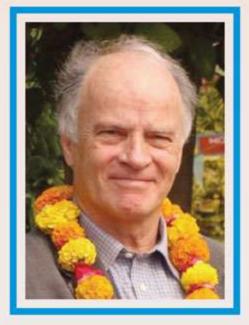


A Ray of Hope into Lives

Annual
Report



MESSAGES

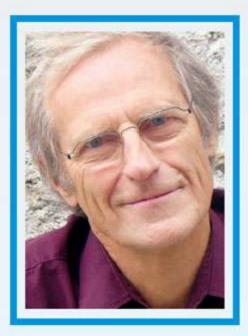


Warm congratulations to 20 years KIRAN!

In 20 years from humble beginnings, KIRAN at the Ganges today has become a competent "Center for Education and the Rehabilitation of Children and Youngsters with different Abilities" in Madhopur near Varanasi. This is a great and extraordinary success story. Warm congratulations to you Judith Sangeeta, you with a bright vision, with a trust in God and with great vigor have launched, led and driven the work of KIRAN. Warm congratulation to the whole staff. You have with much dedication and lifeblood, made it possible for the children and young people with care, education and therapy to get to a better future in their

difficult lives. Congratulations to the KIRAN Society and the Executive Committee, who have supported and taken part in the work as well as with the integration into the city Varanasi. Thank you experts and volunteers. You have brought progress with your competence, experience and enthusiasm as well as given solidarity across continents. Thanks to all donors in the country and abroad. Without their solidarity and generosity KIRAN never could have grown so. We of the KIRAN Foundation Switzerland will remain engaged and make our contribution so that KIRAN can continue and also spread out in future in conjunction with all our partners for the benefit of disabled children and young people.

Urs KellerPresident KIRAN Foundation Switzerland

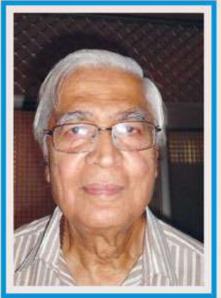


Sometimes dreams become true! Your Swiss friends and Sangeeta dreamt of a Kiran more than two decades ago and we are all so happy that Kiran today is a reality. That Kiran in Uttar Pradesh can help so many children, youths and families and that our friendship grows deeper is wonderful. Let us dream further together of a worthy life for all the people with an impediment and of their full participation in the community.

Urban Zehnder

President Kiran Friends Association Switzerland





Dear Kiran Friends,

Twenty years ago who would have believed that all we see around us, would have been possible? I have very fond memories of the day Sr. Sangeeta, who was already a friend of my wife and frequent visitor to our home, requested me to help her, to form a committee to run the project that she had began to talk of as KIRAN!

We have traveled a long journey since that fateful day; two changes of venue, before we came to the day of the move to our own land here in KIRAN Village, as we now know it. All the time, our inner spirits growing & learning along the way, how to move forward, gaining inspiration from the children whose bright shining faces are a constant encouragement to do our utmost for them and those that are to follow them. At the same momentum we were gathering to ourselves by some strange magnet many other equally dedicated people who had learned of this noble cause and wished to be associated with it, giving of their expertise and their love for the children, determined to help us prove to society that 'disabled' by no means meant 'less abled', rather 'differently abled'!

This combined effort of so many people, especially the present committee, past members, the many

volunteers and staff members, staff who have passed on, combined with Sr. Sangeeta's indomitable spirit & determination has brought about a sea change in society in Varanasi, and I would venture to say in U.P.

Now Kiran is known everywhere & parents who may have the misfortune to have a child born to them suffering from Cerebral Palsy or who had polio need not despair; they have no longer to hide them away from the world, a supposedly devil's curse; instead these broken children, with their heart broken parents soon find their way to Kiran where they are welcomed with open arms!

What greater cause in life can there be than this? I have been honored to have been serving Kiran from the beginning, and will continue to do so .

Many Congratulations to everyone, the staff, the children, volunteers, my fellow committee members, The Swiss and International Kiran Family, all the children who have passed through Kiran, past & present, and last but by no means least, our much loved Sr Sangeeta!

Dr. Amod PrakashPresident, KIRAN Society

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Our Hearty And Special Thanks

To all our project partners and donor's, whose support enabled us to manage our on going activities more prominently.

Thank You!



EXECUTIVE BODY COMMITTEE

Dr. Amod Prakash President Shri Rakesh Kr. Saraogi Treasurer Dr. Monica Gupta Secretary Ms. Sangeeta J. K. Director & Founder KIRAN Dr. K. P. Agrawal EC Member Dr. Neetilal Vattakunnel - EC Member Sr. Irene Gonsalves - EC Member Adv. Bidhu Shekhar Mishra - EC Member Dr. Kamaluddin Sheikh - EC Member Shri Manish Upadhyay EC Member



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GENERAL BODY COMMITTEE

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About Us

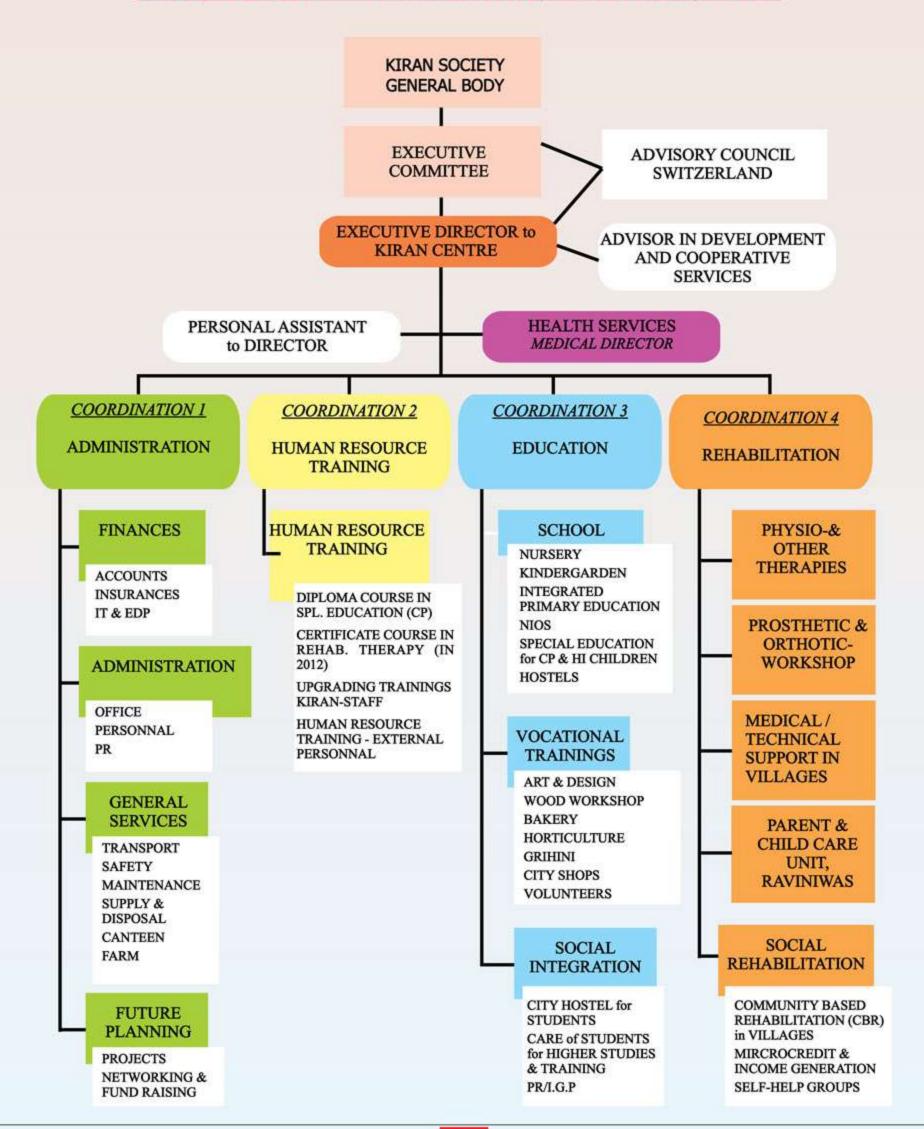
KIRAN is a nonprofit organization working for the holistic rehabilitation of the children and youngsters with disabilities. Deeply affected by the sorrow and miserable condition of the persons with disabilities and unable to find organizations working for these people in Varanasi, "KIRAN" was founded by Visionary Sister Sangeeta, with the help of some friends and few volunteers. In 1990 KIRAN started its service from a small building in Nagwa, Varanasi.

In the able leadership of Sangeeta, KIRAN journeyed for 20 years, overcoming many hurdles and barriers to reach its present status of one of the well recognized and acclaimed institutions of Uttar Pradesh, working for the well-being of children and youngsters with disabilities. Presently KIRAN is situated in a picturesque landscape on the bank of the river Ganges, 15 kms towards South from the Banaras Hindu University. The institution has now fully fledged rehabilitation, education and vocational department addressing rehabilitation need of persons with disabilities. Today "KIRAN" caters rehabilitation services to children and youngsters with disabilities in three major ways i.e. institutional based rehabilitation, community based rehabilitation and Outreach services with more than 110 experienced and well trained staffs working round the clock. In IBR now there are 282 children and youngsters with disabilities who daily receive education, rehabilitation and referral services. Youngsters with disabilities receive skill development trainings in our Vocational Training department. More than 3000 children are receiving rehabilitation services through our Out Reach and CBR unit on regular basis. Recently the institution has started a Human Resource Training Centre to minimize the lack of rehabilitation professionals i.e. Special. Educators, connected to the baseline of the disability field.

In the previous years the main focus area of KIRAN was Post Polio Residual Paralysis case. With the eradication of polio infection from the surrounding areas of KIRAN and no new case of polio infection, the major focus area of KIRAN is now shifted towards Cerebral Palsy. Cerebral Palsy is a very complex condition to deal with due to so many complications associated with it. Our newly built Human Resource Training Centre will train young and capable professionals to work with these children.



ORGANIGRAM-KIRAN CENTRE, VARANASI, INDIA







VISION

KIRAN'S Vision is to be a Resource Centre that empowers differently-able children and young people, in partnership with their parents, by providing quality service to them without discrimination of cast, religion or financial circumstance.

MISSION STATEMENT

KIRAN provides quality services to support differently-able children and young people in optimizing their talents and skills so that they may live dignified and satisfying adult lives.

KIRAN does this in partnership with parents and families.

KIRAN collaborates, and shares its expertise with individuals and/or organizations that have a similar Vision and Focus.

Achievements of KIRAN in 2009-10

Our Newly Introduced Departments-

The Human Resource Training Center got recognition from Rehabilitation Council of India (RCI) to run, one year diploma courses in Special Education (C.P.).

The construction of Food preservation unit is complete and ready to start its activities from the coming session under Vocational unit. Our trainees will learn to make- Jam, pickles and many other items, which will be kept for sale in our city shops.







Director's Note-

sangeeta j.k., Executive Director

CELEBRATING KIRAN'S 20™ YEAR

It is with joy and deep gratitude that I look back to this "KIRAN-Adventure's" development. That we can do our services in such a green and beautiful environment is the fruit of a steady and committed collaboration of all the children, staff, the friends and project-partners. And "development" means also "movement & change"! This change has become more visible in the past year, in the fields of rehabilitation, of education and also in vocational-training. This is so, due to the happy fact that polio has been almost eradicated through the intensive vaccination-program. For this reason — while we were more centered on polio at the beginning- our concern and care goes now more to cerebral palsy affected children, whose number is frightening high. Since in CP there is often a physical and a mental involvement, it is very difficult to offer a holistic rehabilitation and to help towards social integration.

- Less polio-children means >> less disabled children who can follow a normal syllabus in our integrated primary school.
- This again may lead >> to a bigger number of non-disabled children in our integrated primary-school
- More CP-children means >> more children who need special education in small groups or even one to one teaching
- More CP-children means >> more children who need more intensive physio- & speech-therapy

More CP-children in the villages of our Outreach-stations means >> our monthly one-day-presence out there is not sufficient: the need of local trained personnel becomes more urgent; or the need to invite these children with parent into our

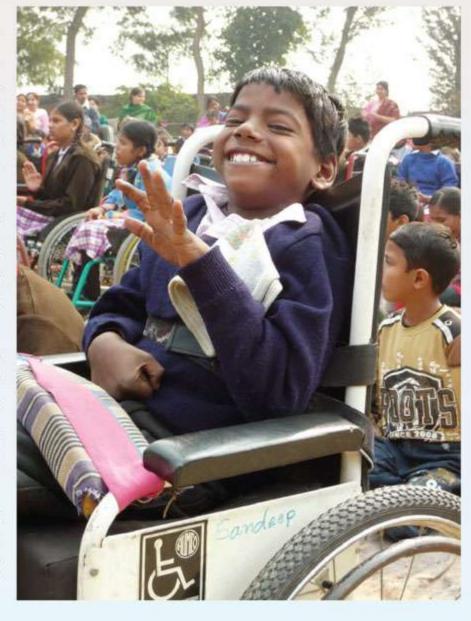
residential mother-training-Ravi-Nivas

Thinking of the CP-children who are 12 years or more >> since most of them will not be able to go for higher studies, we came to the decision to start a new unit of "Skill-Training" where food-preservation and other adapted activities will allow these mentally challenged youngsters to still keep learning and prepare themselves for life outside KIRAN

And last but not least >> even more than with poliochildren it is highly important in the case of physically- & mentally-challenged CP-children to have intensive cooperation from the side of the parents, since these children will life-long need the loving care of the family.

"Movement and change keeps a body alive and healthy". If this is true, then we can only hope that this shift towards accepting more CP- and also HI-children will keep the KIRAN-team not only alive and healthy, but that we may grow in quality-service and loving care towards these "special children" who again and again surprise us with their courage, will-power and joy.

TO ALL THOSE FRIENDS, PROJECT-PARTNERS AND DONORS WHOSE GENEROSITY HAS MADE THIS BEAUTIFUL "ADVENTURE OF TRUST" POSSIBLE, HERE ONCE AGAIN A VERY HEARTY "THANK YOU!"





Activities at a Glance

Deptt. of Education

Integrated School Section

Under one single roof, expert staffs of this unit give education to both non-disabled & children with disabilities through various techniques. In the last academic session the unit carried out the following activities.

- Play-Way Method of teaching was introduced in the Nursery Class with 11 kids
- Home visits by teachers & therapists for children with special needs
- Home based program, by Spl. Education Unit to develop better link between parents, children and teachers. Children detached from KIRAN will also be benefitted by this program.
- Summer Camps-09 were organized at 2 places in the month of May. One for English Speaking for 15 days and the other for 1 week for crafts, painting & drama. KIRAN children, children from C.B.R. field and former students, participated in the program and enjoyed.



- A group of Spl. Children went for a 15 days trip to Bangalore for an awareness campaign.
- Birthday Celebration of KIRAN Hostellers on Independence Day
- Audiometer testing for 15 Hearing Impaired children.
 Imprecations were taken for ear molding by our expert for 27 H.I. Children in the month of Sept. 08.
- With the cooperation of teachers and volunteers, the children of KIRAN enjoyed riding of "Mini Horse" & swimming throughout the year.



- In the month of Oct. 08 the Ram Krishna Mission team organised a program on "Health & Nutrition for Women" in KIRAN. Girls from senior secondary classes and the Vocational Training unit (Tailoring & Grihini girls) participated in the program.
- In the month of Nov. 08, children from Spl. Education Unit & Vocational Trainees (Tailoring & Grihini Girls) went for an exposure trip to Temple, Mosque, Gurudwara & Church in the city.
- Our Kids went for a picnic to Sanjay Motel, Babatpur, in the month of Dec. 08.
- In the month of Dec. 08 Kindergarten teachers went for an exposure trip to the Aryan International School, Varanasi.
- 10 children from school participated in an "adventure camp" in Darjelling for 1 week.
- Some of the students of KIRAN actively participated in the Awareness Program, organized each month, throughout the last academic year.
- Special preparatory classes were organized for our children appearing into the entrance examinations of Novodaya Vidyalaya and Central Hindu School, Varanasi, for Class IV from 10th of January onwards.
- The registration of Special Children and Trainees in the L.I.C-Niramaya Health scheme, by National Trust, is under process from the month of Feb. 10.



Vocational Training

- Exposure trip of Grihini/Tailoring girls to IP Mall [Cloth market & Film], Varanasi on 08-04-09
- Exam of all the trainees on May 09
- Completion of the order of 250 bead bracelets from MESH(Maximizing Employment to Serve the handicapped), Delhi by Art & Design Unit in July 09



Completion of the order of different wooden toys from



MESH, Delhi, in Oct. 09.

- A trip of vocational trainees with our Social Integration Unit to Bodh Gaya, Bihar on 31-10-09
- Exposure visit of Art & Design Unit trainees to Premjyoti,
 Saranath on 01-11-09
- City youth meeting held on 29-11-09 on "Evaluation &

- Completed the order of 1000 newspaper bags in Dec. 09
- Participation of trainees in the drama on the theme "Disability is not a curse" on the eve Disability Day Celebration, Assi Ghat held on 14-12-09
- Participation of trainees in the Sports day celebration organized at St. Johns school- D.L.W. on 02-01-10
- City youth meeting on the topic "HIV-AIDS awareness and its information"
- our trainees received Tricycle and wheelchairs in a camp on 22-01-10
- Participation of trainees in the awareness program at Muradev, Kuruhuan on 24-01-10
- Exposure visit of trainees to Sarnath and different nursery's of Chandpur on 10-03-10

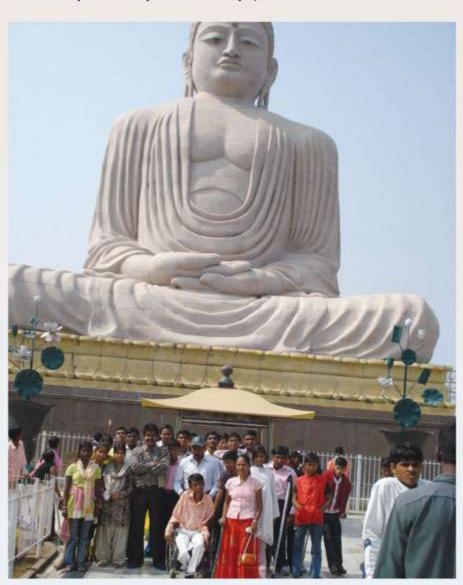






Social Integration

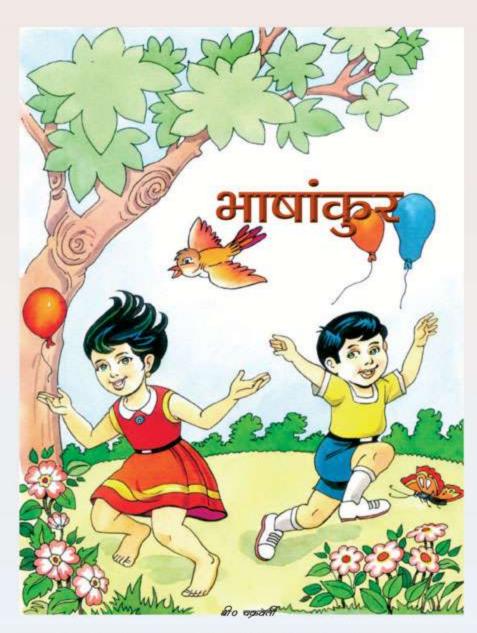
- Integration of 17 students, passed out class VI from KIRAN in normal schools & in N.I.O.S. program
- Our ex- student Mr. Abhishek Kumar got admission in I.I.T. Kanpur in mechanical trade
- A team of 19 members (14 students & 5 staffs)
 participated in an Adventure camp in Darjeeling from 17th to 24th Dec.09
- On 31st of Oct 2009, 120 ex-students of KIRAN went for an exposure trip to Bodh Gaya, Bihar



- 39 persons benefitted from the Micro-credit scheme under IGP program
- Weekly classes for Suryoday hostellers were taken by Mr. Rajendranath Rai, Manager, S.I. & Mr. L. D. Upadhyay, IGP Officer
- City youth meetings held in each alternative month in Suryoday and in KIRAN

Publications

Previous year we published two books called 'Bhashankur' part I and part II. Part III of the book will be published before summer vacation. The books are beneficial for children having speech problem. The book has Hindi alphabets, small sentences and small essays about animal and birds. The book will also provide grammatical knowledge to the children.



The vocational department published a play book for the IQ toys unit. The book is beneficial for special educators to teach children with special education needs thorough fun and learn method

Note:- The published book is available for sale in KIRAN and in our two Suryoday city shops.



Deptt. of Rehabilitation

The Rehabilitation Department carry out medical rehabilitation of the children and youngster with disabilities. The department has a well equipped Therapy unit, a Parent and Child Counseling Unit, a fully fledged modern Orthotic workshop. The department also provides Community Based Rehabilitation and Out-reach services.

Major activities undertaken in the year 2009-10 Surgery Camp

The Rehabilitation Department with the help of Rama Krishna Mission services one of the old and charitable hospitals in Varanasi organized surgery camp for the children with disabilities by highly qualified doctors at a minimum cost.



Evaluation and Treatment

Dr Anil Pandey, Dr. Kaushal agrawal and Dr. K. P. Agrawal paid regular visits and treated children with disabilities from school, PCCU, CBR and Out Reach Unit.

Botulinum Toxin Treatment

In the supervision of Dr. Moreno Toldo, from last year KIRAN Center started using Botulinum, a powerful and effective medicine used for spasticity as a method of treatment for the children with cerebral palsy having spasticity.

Physiotherapy Unit

Regular services given to children from-	87
School Unit Special Education Unit Vocational Unit	
Children affected by Cerebral Palsy	52
In Spl. Education Unit - 21	
In School Unit - 26	
In Vocational Training Unit - 05	
Children affected by Polio	32
We are also treating 1 child affected by	
Muscular Dystrophy, 1 by Erb's Palsy	
and 1 by Spina Bifida.	





Other Activities comprise

- → Therapeutic Exercise
- → Hippo-Therapy
- → Hydro Therapy

Therapeutic Exercises were done using N.D.T./ Sensory Integration/ Physical Cognitive Therapy approaches.

70
16
07
07
02
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21

- → Camps in Varanasi & its surroundings.
- Besides these activities, we also arranged a surgery camp in the month of November 09. Six patients (C.P. & Polio) were operated by Dr. Amit Jaiswal & Dr. Anil Pandey in this camp.
- Dr. Amit Jaiswal & Dr. Anil Pandey visited our centre to assess the children in need of surgical correction of deformities and tendon retractions.
- In the month of December 09 our children attended a distribution camp of aids & appliances by ALIMCO, Kanpur, under the government scheme "Sarva Shiksha Abhiyan", 23 wheelchairs & 26 tricycles were received.
- Children operated, received the post operative care in Out-reach hostel. Last year 187 children were admitted in the out-reach hostel for the following purpose.



Out-reach services Unit

Our aim is to serve children & youth of far-off villages surrounding the Varanasi district. Throughout the year we reached them through:

- → General Camps in Varanasi, Ghazipur, Mau & Ballia districts.
- → Cerebral Palsy Camps in Varanasi & Mau.
- → Need based assessment Camps in Robertsganj & Naugarh in U.P.; Kudra & Durgawati in Bihar.

Caliper/ Gait training	142
Post Surgery care	15
Traction	07
Physiotherapy	03
Specialist doctors consultations	20



 Last year, we organized 9 general camps and 5 camps for Cerebral Palsy children, at different places of Uttar Pradesh & Bihar.

Statistical Report For The Year 2009-10

In KIRAN's Campus

Total Number of patients	749
New Cases	106
Follo-up cases	513
Surgery	17
Traction	07
Mother's training	21
School Admission	06
Doctor's Consultation	39
Home Visit	18
Delivery of appliances	215

Out-reach Camps

Number of new patients	391
Follow-up Patients	998
Polio Patients	370
C.P. Patients	238
Epileptic Patients	43
M.R. Patients	57
CTEV Patients	75
MD Patients	10
Other- Orthopaedics, HI & VI	205

Parents & Child Care Unit

A new Spl. Educator, joined P.C.C.U. in 09 to assist Mrs. Surita Gautam, U.I., P.C.C.U. & Miss Sushri Jaya, Developmental Therapist. He also cares for children who come to Ravi-Niwas for intensive therapy. An experienced Educational Psychologist from Switzerland, Mrs. Marie Francoise, volunteered for three months, giving help and suggestions especially in the evaluation and education of children affected by Autism and Attention Deficit Hyperactivity disorder.

New cases in P.C.C.U.	399
New cases tranferred to Out-reach	106
Follow-up cases	490
Total no:- of cases	889

AFO- Ankle foot orthosis AKFO- Knee ankle foot orthosis HKAFO- Hip knee ankle foot orthosis CTEV- Congenital talipes equino varus (club foot)



Diagnosis wise cases

Disability	New cases	Follow-up cases
C.P. Patients	132	310
MR Patients	59	88
Speech/Language imparement	63	69
HI Patients	26	01
Epilepsy Patients	19	58
Others-HI & VI Patients	45	40

Activity wise cases

Activity	New cases	Follow-up cases
Patients for neurological assessment	35	120
Patients for physical therapy	167	291
Patients for educational activities	99	26
Patients for speech therapy	59	60
Patients for psychological tests	01	05

Orthotic Workshop Unit

- This Unit manufactures aids & appliances for the children referred through the Out-Reach, PCCU, CBR and Physio Unit.
- During last year Orthotic Unit delivered 358
 Orthosis & Prosthesis:



KAFO	155
AFO	118
Knee Splint	20
НКАГО	04
Spinal Brace	08
Gaiter	26
Cock-up Splint	13
Prosthesis	14



Dispensary

Health is one of the major issues for KIRAN Centre, considering the overall development of children, youngsters and staff. To fulfill all these requirements, the Medical Director, one Nurse Assistant and one Helper are working almost "round the clock". Moreover, a Homeopathic doctor is visiting KIRAN Centre once a week for consultation. Care for proper nutrition to our school children and trainees is another aspect that Dispensary staff along with the Medical Director are managing as a preventive measure against illness. Last year many children, youngsters and staff got benefitted from this service.



In last year (March 2009 to February 2010), the following visits were performed in the Dispensary and ORS Hostel:-

Visit to KIRAN school children	823
Visit to trainees	287
Visit to patients of Outreach Service	446
Total visits	1556

- Several children and trainees were referred and accompanied by our Dispensary staff to Specialist Doctors in BHU, Ramakrishna Mission Hospital, and Samvedna Hospital for various diseases and some of them were hospitalized in this period. Thanks to God, all of them had a good recovery.
- Several children and youth are receiving regular therapy and free of cost medicines from the Dispensary.

- The annual General Health Check-Up of the School Children and Trainees was performed and all Trainees received vaccination for Tetanus.
- From January 2010 onwards, Christine a Medical Doctor from Switzerland is volunteering at Kiran, and serving almost full time in the Dispensary, taking care of the patients who daily come for first aid and acute diseases.
- From January to February 2010 Geraldine, also a Medical Doctor from Switzerland, volunteered at Kiran and gave precious help in taking care of the boys and girls living in our Hostels, reviewing and updating their medical file.

VALEDICTORY

In this past year we lost one of our dear & precious staff member Mr. Vishwanath Tigga to a fast growing cancer which spread and finally lead to his death on 22nd July 2009.

"Dear Vishwanath, you were a very efficient orthotechnician, kind person and cheerful colleague to us. We do miss you but we shall take care of your wife and little child Tanisha"





Community Based Rehabilitation-C.B.R.

 With our CBR team, we have taken up service in 10 new villages, close to KIRAN centre at Madhopur. We



detected 62 new polio cases, 30-CP, 13-MR/MI, HI-24, VI-12 & OH-27, during the baseline survey.

To encourage and make aware about the disability rights, 4 workshops and meetings were organized for the PWDs and the parents of CWDs. In these workshops and meetings the participatory strength of different field persons were as follows- Govt. Officer-07, Gram pradhan-20, parents-10, media persons-04, PWDs & CWDs-19. Also a selection of 11 parents and 20 CWDs



shared about their experiences. Along with this, 31 meetings held with village heads, 12 with influential peoples, 14 with Development officers & 5 with district

- level govt. officers.
- Developed NGO networking with CREDA, Ramkrishna Mission, Christian hospital-Kachawa & Maa Baliraji training centre- Mirzapur.
- PWD/CWD/Parents related to health, education & right issues, also to generate awareness on disability and its prevention, 07-health/Medical camps were organized, 45-new children Assessment, 116- benefitted. Number of training programs organized for ANM-01 (participated-15), for ASHA-01 (participated-105), Youth exposure program to KIRAN-02 (participated-50), door to door early detection organized in 8 villages, identification of new cases-08, organize of- public awareness camp-01, village meeting-04 (57 villagers participated), street play-01 (600 visitors present), training program for adult girls for their sexual health by Ramkrishna mission home of service, Varanasi (30 girls participated).
- To sensitize the government health care system and the departments working for disability & rehabilitation, we are in contact with -05-PHC, APHC & CHC, 03-hospitals, 05-local practitioners, from which 05- PWDs & CWDs were referred, 14-referred for neurological & pathological test, 02-meetings held up with chief medical officer, 02-with hospital staff, along with the visit of 10 hospitals.
- To carry out appropriate & holistic intervention with the children/adolescents, 2890 home visits were conducted by CBR staff, total PWDs in contact-521, education assessment (individuals, physical assessment (individual)-175, case discussed-08, contacted 08 government officials, 14 govt. office visit, 01-meeting with govt. officers. Including this, govt. facilities availed by the PWDs are- Medical certificates-26, identity card-04, pension-79, house-02, bus pass-12, rail pass-03, job card-21. All the school going children are now getting scholarships.
- To arrange surgical interventions & provision of appropriate aids and appliances for children with



 went through surgery, 01-through manual traction, 14children got aids & appliances through KIRAN (which consists- AFO-02, KAFO-01, HKAFO-04, shoes-12,



crutches, artificial limb-07, splint-02. Appliances distribution camp was also organized in which we distributed- 53 tricycles, 14 wheelchairs, 04 brail slate & white cane, 26 crutches, and 15 AFO & KAFO.

To facilitate parents and family members participation in the therapy plan and encourage them to work for their CWDs- 153 individual parents counseling, 10 parents meeting (104 parents participated), 3642 home based program, 02 mother's training program, were organized. Along with that 38 children received therapy through home based program.



To strengthen the integrated SHGs & SHGs of the adults with different abilities- 16 SHGs group consisting of 190 members, organized- 181 meetings with 86 PWDs and their families. Along with this, 2 SHGs training organized, account opening for 4 SHG members, 47 SHG benefitted through loan, get together held with SHG (26 members) and 5 meeting held with the bank managers.



To facilitate access of children with different abilities to regular school so as to create an inclusive environment- 01 new CWD enrolled in school, 36 children received supportive home based program, 01 teacher's training organized, 22 teacher's participated, 18 schools in contact, 04 BRC were contacted, 21 BRC visit, 18 meetings with school teacher's, 60 head teacher's participated, visit of 54 school & colleges, & organization of 01 parents and teacher's interaction.





Success Story of C.B.R.

Education has No barrier of Visual Impairment

Dharam Raj is the youngest child of his parents and is affected by bilateral visual impairment since birth. His father Mr. Nanda Lal and mother Mrs. Pachcho Devi both are daily wages laborers. Dharam Raj's village is situated 8 KM away from the KIRAN Center. Government and private schools are available in their community. But there were no educational facilities for him. Dharam Raj had never attended school up to the age of eleven years. He was collecting grass from field and helping his mother in house hold works.

KIRAN Center made a survey for those special children who were untouched with the rehabilitation services and on the basis of the survey report it started its community based rehabilitation work in that area. Dharam Raj was integrated in a government primary school. In the very beginning, the principal of school was not ready to admit him, because they were not trained to handle a child with visual impairment. The CBR team organized a small orientation program for school teachers. After that they got some idea to handle him. He

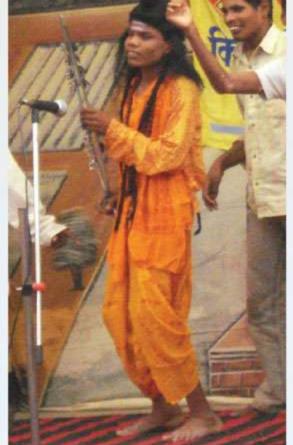
started his education in Primary

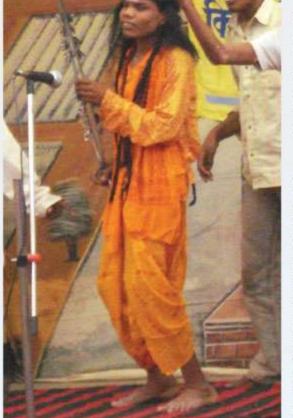
School, Rudauli, Mirzapur. Orally he learnt a lot of things there. In 2007, he got admission at Hanuman Poddar School for visually impaired children Durga Kund (Varanasi), through Liliane Fund. He is staying in a school hostel. He adjusted himself with other hostellers. In the beginning, his parents were worried about him. But after few months they were satisfied with the progress of their child.

The special school for visually impaired children has really changed the life of Dharam Raj who can now read & write through Braille system. Now he is in class III. He has developed his artistic abilities as well. He is one of the best actors for street play (Nukkar Natak). He has a lot of interest in music also.

During holidays, he takes part in awareness program on disability and advocacy. His parents are also involved in self help groups of that community. As a result, parents have decided to give him maximum education.

Parents of Dharam Raj are realizing the fact that it is really helping to change their son's life.





PWDs- Persons with disabilities CWDs- Children with disabilities

SHGs- Self help groups



Deptt. of Human Resource Training Centre

- Participation in some Psychological testing workshops from 24th to 27th Aug. 09
- Organized 5 days workshop for our one C.B.R. staff (for the main streaming disability into developmental program)in Hyderabad from 24th to 29th Aug. 09
- English to Hindi translation of Play & Dicegame books from Aug. to Oct. 09.
- To upgrade staff skills and to fulfill RCI Registration norms, four staff attended CRE programme.
- Purchasesd books of various publications such as NIMH, SAGE, VHAI, IICP, Student point, etc., for HRTC library from Sept. to Oct. 09.
- Participation of 2 staff in a workshop in Sahbhagi, Lucknow from 17th to 23rd of Nov. 09.
- Orientation program organized for MSW students, from Banaras Hindu University.
- Three Kiran staff has gone for various higher studies to update their skills.
- Inauguration of Human Resource Training Centre on 19th of Nov. 09.



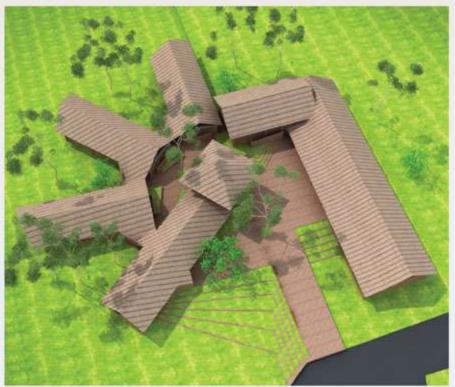
RECOGNIZED BY REHABILITATION COUNCIL OF INDIA-RCI

Course offered for the scholastic session 2010-11-

Course offered for the scholastic session 2011-12-(Applied for)

 Diploma in Rehabilitation Therapy Assistant -

duration-1 yr



- A training was organized for 18 people in Nav Sadhana school, for Vedic organizations from 28 to 30th Jan. 10.
- # HRTC website designing from Dec. 09 to Jan. 10.
- On 20-03-10 a workshop was organized for KIRAN staffs on communication, grapho motoric, pre-writing skills.
- Display of Power point presentation to outsider students regarding the KIRAN Vision.



Deptt. of Administration

- This department indirectly supports all the ongoing in-campus and out-campus activities. In the previous year the department carried out following activities-
- We purchased 4 Bighas of land adjacent to the Southern boundary wall of KIRAN. It will be utilized for farming and construction of some more staff quarters.





The HRTC building and the Food preservation unit is complete. It will be fully functional from July

- We installed underground electrical & intercom cable everywhere in KIRAN.
- We purchased a new Tata Bus to transport children from Ramnagar to KIRAN & vice-versa. (Ramnagar service was started in the previous year).



- We Constructed new staff quarters near the cattle farm.
- We purchased & installed a new silent generator. It fulfills the requirement of electricity to carry out activities of KIRAN.
- On 27th of January 10 we conducted a plantation program in KIRAN. Our special guests and staff members participated in the program. Several fruit trees were planted near the fish pond.





Management Team





Our experienced managers form an efficient Management Team. Thanks to the regular meetings and workshops among us with the help of counselors like Fr. Subhash, IMS we are glad to work together, taking up the challenges leading KIRAN ahead for the well being of the children entrusted to us.

Networking





Networking is a powerful tool to increase efficiency! To develop strong network with the organizations working in similar field, we visited Kastoorba Sewa Samiti, Benipur, and other organizations in Varanasi.



Fitness



Along with the academic and curricular activities, we also focus towards the fitness of children & staff. Regular yoga and meditation classes are organized in KIRAN to keep children and staff physically and mentally strong.



Appropriate Diet





Balanced diet is essential for physical and mental fitness. Our dairy farm fulfils the demand of milk of our children & trainees to keep them physically fit. Along with that, yearly crops of rice & wheat produced in KIRAN give our staff and others a healthy and fit body to carry out the activities.



Celebrations

ID

Religious Festivals-09





Deepawali

In spite of our busy academic session, we gathered with team spirit to celebrate religiousnational festivals and other occasions and tried to capture the wonderful moments in our hearts. By giving equal opportunities to participate & perform on stage, we try to discover the hidden talents of children and staff.





Christmas day







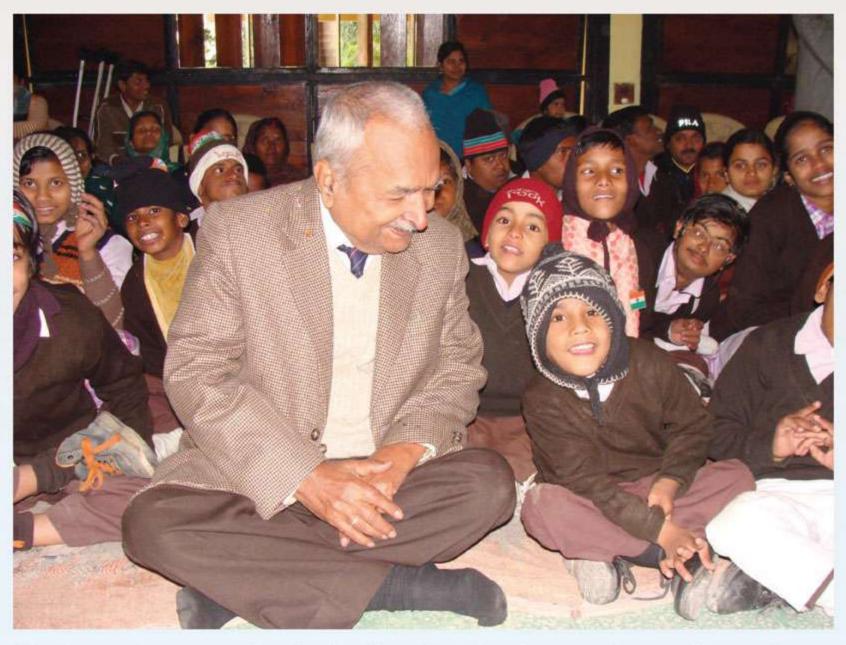
National Festivals 2009-10

We celebrated the 63rd Independence Day and the 60th Republic Day in our campus.

We invite senior and respected citizens of our society as guests in such occasions so that our children can be inspired by them. Display of colorful performances by our children gives extra note of joy to such festivals.

It is also a good opportunity for the guests to interact with our children and share rememberable moments of their own childhood and of their experiences.





Thank you sir, your positive feed back motivated us in our endeavor of benevolence.









KIRAN Foundation Day

We celebrated the 20th Anniversary and the birthday of Sangeeta Bahinji on 27th of January. It was a festival filled with joy and many lovely programs. Some 12 friends from Switzerland came especially to participate in this feast.

In the free dance session all the audience danced to their heart forgetting themselves and enjoying the sweet moments. The Program ended with plantation of fruit trees in the campus.

You can guess the happiness of each of us, especially our visiting friends who before leaving announced a special gift to the staff: an exposure-trip to Agra – Delhi, and for the children a boat-ride on the Ganga.

Other Occasion

Staff Get Together







Staff get-together is a program organized twice a year in KIRAN by the staff to develop better relationship among each other. Although for a short, leaving behind all their worries staffs enjoy the program, participating in various programs. This is a good occasion for staffs to interact with one another.





Holi Celebration



Vishwakarma Pooja



World Ozone Day



Teacher's Day



World Disability Day



Rakshabandhan



Birthday celebration of hostellers on 15th of Aug. 09



Awarness Program







Happy of the twenty years intensive and constructive activities, the KIRAN team has decided to launch throughout the year 2010 attractive Awareness programs in Varanasi City, with one program every month in a different location.

Our aim is to call for more understanding towards the lives of differently-able persons and for willingness to support the efforts for their empowerment and social integration.

Till date these awareness programs were held at Muradev Village, at BHU, in the Village of Chiraigaon; and now in April we are happy to stage it at Dashaswamedh Ghat. The professional group of Vishwajyoti Communication Centre with its street-play on the theme of "Integration" and our students with songs and film are hopefully making it a success.





Program at Assi Ghat, Varanasi

Every year KIRAN organizes International Disability Day program at Assi Ghat, in which the children & youngsters of different NGOs of Varanasi working in the same field participate. On 14th of Dec. 09, KIRAN with a leading role and in coordination with Somord Computech, successfully organized the Assi Ghat program. The children of 12 other NGOs of Varanasi participated in this program.

Starting with a painting competition, continued with the cultural program it ended with a most beautiful light ceremony on the Ghat, leaving behind a wonderful scenario and a strong message that, "Do not look at the disabilities, rather see the abilities of a person".





Mr. V Gosw IKFA Repro

Mr. Somnath Bhattacharya Assist. to IKFA Representative

Indian KIRAN Friends Association-IKFA Mr. Vinod Goswami

IKFA is a mode through which we directly approach and invite more & more people of the society nearby and abroad to come up, join & be part of KIRAN family. With each new IKFA member, we make a constant relationship and try to make them aware about the important monthly activities going on in KIRAN, by sending them our monthly IKFA newsletter. IKFA is also an effort to give a meaningful task to our two trainees, Mr. Vinod Goswami-IKFA, Representative (severely physically challenged boy). He is the editor of the IKFA newsletter and Mr. Somnath Bhattacharya, is assisting him to make IKFA a successful event. May this be for both of them a bright opportunity to come up in society with respect.

Representative



Important Visits in KIRAN



Ret. Major General- Mr. Ian Cordozo, the chairperson of R.C.I.



Former District Magistrate of Varanasi Shri Ajay Kumar Upadhyay



Shri R. K. Singh, Dyp. Manager, Indian Farmers Fertilizers- IFF.



Bishop Raphy Manjaly, Diocese of Varanasi



Shri Ganesh Dutt Dubey- Rtd. Judge & Shri Sadal Gopal Mishra- Treasury Officer- Varanasi.

We are thankful to all the honorable guests who visited KIRAN and from their precious time spent a few moments with our children!!



Volunteers/Expert Collaborators Visit



HAMPI from Switzerland:

Mr. Hanspeter Statsny, a professional in orthotechnicians, came for a 3 week visit to support our staff in the Ortho-Workshop with his in-depth-knowledge of this field. Much work has been done in an improved manner during these visits, like ground-reaction KAFO, Hinged KAQFO, wheelchair-modifications, foot-orthosis.... And to teach team-work as well!!.



Ann Dinan from Ireland:

A retired professional in English teaching, dear Ann has offered to many staff and trainees three months of intensive English studies.

Lizzy..... from the USA:

After Ann's precious input in English teaching was going to an end, it was lucky for us that Lizzy could step in and help us onward in this effort of learning better English



The Ischi family

For the first time in KIRAN's history we were lucky to have with us as volunteers a whole family from Switzerland, for 5 months, the children Samy (12 years), Louis (9 years) and Alice (7 years). We admired their capacity to enter so easily into this fully other world for them; they joined in the classes of KIRAN's primary school and made many friends. Their parents, Claudia and Remy helped a lot in caring for our Ravi, in swimming and hippo-therapy, in computer-works and in the preparation of our new unit of food-preservation; and every week-end was great fun for the hostel-children to play and enjoy together.

Besides these volunteers, there were others also: Dr. Geraldine and Dr. Christine from Switzerland, Mr. Reinhard, Ortho-technician and Mrs. Marianne, Physiotherapist, also from Switzerland; Mrs. M. Francoise, Psycho-pedagologist, and four Brothers from Bangalore Biju, Bibin, Libin & Rozario.

TO YOU ALL, DEAR FRIENDS, A VERY GREAT THANKS FOR YOUR PRECIOUS HELP AND SHARING WITH THE KIRAN FAMILY!!



Progress Card

Statistical Report			
	2008-2009	2009-2010	
A. Education Department-	No. of students	No. of students	
Integrated primary school	101	111	
NIOS	16	20	
Special Education		200	
a. C.P	38	46	
b. H.I	12	37	
<u>Total-</u>	167	214	
Out going schools & Hostel	13	16	
B: Vocational Department	No. of Trainees	No. of Trainees	
Bakery	04	04	
Horticulture	04	03	
Art & Design	10	16	
IQ toys Wood works	04	05	
Orthotic	01	01	
Computer	01	02	
Tailoring (Girls)	27	20	
Grihini (Girls)	13	17	
Skill MR Trainees	07	11 (included in the data)	
TOTAL	71	68	
DAILY CHILDREN & YOUNGSTERS IN KIRAN VILL	AGE 238	282	
Total Students in KIRAN Hostels	60	65	
OUTSIDE under KIRAN's care for educat	ion 118	132	

Press Release

हिन्दुरुतान सोमवार, 14 दिसम्बर, 2009, वाराणसी

विकलांगता अभिशाप नहीं

वाराणसी। गैर सरकारी संस्थाओं एवं सोमोर्ड कम्प्यूटेक प्रशिक्षण संस्थान ने संयुक्त रूप से रविवार को अस्सीघाट पर जनजागरण कार्यक्रम आयोजित किया। कार्यक्रम की शुरूआत शारीरिक रुप से अक्षम बच्चों ने दीप प्रज्वलित कर किया। किरण सोसायटी के सतीश मिश्रा, सोमोर्ड कम्प्यूटेक के मनीय उपाच्याय, प्रयास के अध्यक्ष अंजनी कुमार ने विचार रखे।

विकलांग छात्रों ने दीपों से सजाया अस्सी घाट

बाराणसी। अंतराष्ट्रीय विकलांगता दिवस के उपलक्ष्य में रविवार को जनपद में विकलांगता के क्षेत्र ने कार्यस्त गैर सरकारी संस्थाओं एवं सोमोर्ड कंप्यूटेक प्रशिक्षण संस्थान की और से अस्सी घाट पर रेगारंग सांस्कृतिक कार्यक्रम आपोजित हुआ। इसमें विकलांग विद्याधियों ने अपनी प्रतिभा का भरपुर प्रदर्शन किया। सांस्कृतिक प्रस्तृतियों के दौरान शारीरिक रूप से अखम इन विद्यार्थियों का जज्बा देखकर दशंक एंती तले उंगली दबाने पर मजबूर दिखे। घाट की सीदियों पर बैठे लोगों और बच्चों का कार्यक्रम देखका ठिठके विदेशी मेहमानों ने इन कार्यक्रमों को अपने मोबाइल और कैमरे में कैद किया। दर्शकों ने बच्चों का उत्साहयर्थन किया। कार्यक्रम के अंत में विद्यार्थियों ने पाट को पांच हजार दीपों से सजाया। कार्यक्रम में मीडीओ एसके सिंह, एडीएम सिटी अटल राय, विकलांग करूपाण अधिकारी एसएन सिंह ने भी शिरकत की। संचालन संजय अलबर्ट और धन्यवाद ज्ञापन सोमोर्ड कम्यूटेक के डायरेक्टर मनीय उपाध्याय ने किया। इस दौरान राजेंद्र राय, अनिल गुप्ता, सतीश, पवन, अनिल सिंह, मनोज सिंह आदि मीजूद थे।

हिन्दुस्तान ६

वाराणसी आस-पास सोमवार, 25 जनवरी

एक नजर

नुवकड़ नाटक के जरिए जागरूकता

वाराणशी। किरण सरमा के करीरिक रूप सं अक्षम बन्ती ने रविवार की मुहादेश तक में परि त्या को अवस्था किया। प्रेरण करा मुख के सदस्यों ने नुकार कारक हम होने अवकाश परसूत किया। जिसमें कराकाश ने लोगे को बताने का प्रचास करा कि विकास अभियाप नहीं है। मुख्य अतिय हो। एक सब ने कहा कि सार्विक रूप में अधन हता की उपना अचित नहीं है : विकल्पनत हण्यरीय देन नहीं है। लोगों को जानकक कर इस पर नियामा समय है। मीक पर ही. मोरेनो, सर्वाम, राजेन्द्र, रजीत रिवर, न्वरायण, कुमार अभिकाभ आदि गरे।

रनजीओ नेटवर्किंग के तत्वावधान में अस्सीघाट पर आयोजित कार्यक्रम में नृत्य करते विकलांग विद्यार्थी।

THE TIMES OF PADIA, VARABADI MONDAY, MANUARY 23, 2010

Special kids perform street play

वाराणसी, 26 फरवरी 2010

दैनिक जागरण

सिर चढ़कर बोला बच्चों का हुनर

वाराणसीः बीएचव् स्थित कला संकाय ग्रेसागृह में गुरुवार को विकलांग बच्चों का हुनर सिर चकुकर बोला। 'किरण' के इस आयोजन में प्रेरणा कला मंच ने नाटक की प्रस्तुति की। मुख्य अतिथि अनिल सिंह ने कता कि विकलांग बच्चों को उनके लक्ष्य ठक पहुंचाना पवित्र कार्य है। संस्था की निदेशिका सुन्नी संगीता जेके ने बताया कि वतंमान में 282 बच्चे शिक्षण तथा 65 वृवा व्यावसायिक प्रशिक्षण प्राप्त कर रहे हैं। इस मौके पर संदीप पांडेय ने गजात प्रस्तुत की।

िरञ्हरताल 🍪 💆 वाराणसी सुकवार, २६ करवरी २०१० वाराणसी

नाटक में बताया विकलांगता अभिशाप नहीं

अभर उजाला वाराणसी, सोमवार, 14 दिसंबर, 2009

frequents in more production promotes

विकासीया से सांवर कार्यों और सुवाओं के उत्तर प्राथमिक का विकास कार्यों स्थानिक के विकास कार्यों के प्राथमिक के विकास कार्यों के प्राथमिक के विकास कार्यों के प्राथमिक के विकास कार्यों कार्यों के प्राथमिक कार्यों कार्यों के विकास कार्यों कार्यों के विकास कार्यों कार्यों के विकास कार्यों के कार्यों के विकास कार्यों के कार्यों के विकास के व्यवस्था के विकास के व्यवस्था के कार्यों के विकास के व्यवस्था के विकास कार्यों के व्यवस्था के



क्रीहरम् के कल अकार में नामन प्रस्तुत करती जिल्ल संस्तर की आधान्। • प्रन्तान

पर्यावरण संतुलन को बायो उत्पाद जरूरी

वाराणसी

अमर उजाला कारणारी, मुकला, 26 कारती, 2010

सकलांगों से कम नहीं विकलांग

बाराणांकी। राती संगोदलीन और समर्थन मिले जो विकालांच भी सम्बालांची को ठठा समाय और देश के विकास में स्किप भूमिका रिश्व सकते हैं। नई पीड़ी के विकासने को ऐसा ही माहील प्रधान करने के लिए बोरचप् के बाल संकात प्रेमापुर में पुरुवार को किरण संस्था को ओर से जाएनकता अधियान अवधितत संस्था की ओर से व्यास्कृता अधियान उपयोजित हुआ विद्वार और स्वायोज्य विद्वार संस्थाय के विश्वित्त विभागों से भी विद्यार्थ द्वारों पहुंचे। इन्होंने संस्था को जोंद से भी कर हो। पाल में स्थेपका से सम्बंध कार में नीम भी दिखाते कार्यक्रम में सम्बंध विद्यार्थियों का अर्थभ्यंदम रखील क्यार्थी में किया। किर संस्था भी विद्यार्थिय संस्था के ने सामा कि विश्वार और व्यास्थान विद्या कर है। कार्यक्रम के दौरान संस्था में मुद्दे विकार्यात सम्बंध में नुक्यद्व कटक और संस्थात का वार्यक्रम मंत्रे हुए स्कार्यम करकार की तम्ह पेत कर दुख व्यास्थान स्थाप ने नुक्यद कटक और संस्थान का वार्यक्रम मंत्रे हुए स्कार्यम करकार की तम्ह पेत कर दुख व्यास्थान स्थापी संस्थान बुख्य अधिनाम और मार्थन सिंह में किया। इस सीवन जीनल सिंह, सीरीय पाईम, असारन एम आदि सीन्दर से।

बाराणमी २६ फरवरी, २०१० ५

विकलांग बच्चों ने रंगारंग प्रस्तृतियों से लोगों को किया जागरूक

केलायु कता शंकार प्रेडलाई में । अबर र किरम संस्थाका वाम समस्य कार्यक्रम



Awards

We are proud to state that the commitment, mission & vision of KIRAN has made it possible to reach at the present status with its services given to the needy ones and their families. For these activities given since past two decades, the institution was honored with the following awards.



National Trust Award-2007-08, for the best Non-Gov. organization working in the field of C.P.

Ramakrishna Jaidayal Harmony Award, for organization of understanding and Harmony

State Level Award-2006, for the best NGO working in the field of Disability in U.P.

Brandenberger Award from Switzerland



Financial Statement

	Financial Annual Report for the Year 2009-10	
S.No.	PARTICULARS	(in Lakh)
1	Proposed Budget for the year 2009-10	384
2 2A. 2B.	RECEIPTS Opening Balance (As on 1.04.2009) Cash & Bank Donation/ Contribution received from INDIA	247
i II	Contribution through vocational training income Bank Interest Contribution from parents & friends, against medical care & appliances, trainees	8 13 20
iii iiii	Indian Partners Advances & Re-imbursements	2 10
	Total Rs.	53
2C. i ii	Donations from International Partners Individual donors Project Partners (for construction of different projects) Total Rs.	10 432 442
	Grand Total Rs.(2A+2B+2C)	742
3A. i	PAYMENTS Recurring Expense Amount spent directly on children: (For education, transport, food, bedding, health & surgery, Camps, study materials, uniform, special activities, Stipend, CBR expenses, cooking gas, news papers, IGP, Vocational training materials printing and stationery, vehicle running exp. etc.)	114
II	Amount spent indirectly on children (Advertisement, audit fees, AMC, phone, postage Electricity, repair and maintenance, accidental & Vehicle Insurance, T.A, vehicle maintenance, Staff training etc.	27
iii	Salaries for staff-members (P.F. gratuity, allowances, remuneration)	119
	Total Rs.	260
3B. i	Non-recurring expense Educational equipments, TV, DVD, Books etc.	9
Ш	Construction, building renovation, a new bus, Computers, furniture's, solar installation,Land purchase.	197
	Total Rs.	206
3C. 3D.	F.D.R's made in financial year 2009-10 Closing Balance (As on 31.03.2010) Cash/Bank	25 251
	Grand Total Rs. (3A+3B+3C+3D)	742









MESSAGE!!!

EVERY CREATURE BORN ON THIS BEAUTIFUL **EARTH HAS A** RIGHT TO LIVE WITH FREEDOM. **LET'S COMMIT OURSELVES TO ENCOURAGE AND EMPOWER** THE DIFFERENTLY **ABLE ONES TO BE FULLY PART** OF US.

Annual Report Edited by:-

Manoj Kr. Singh Assist. Administration Officer KIRAN Centre



OUR SONG OF THE EARLY DAYS....

It was in the freshness and enthusiasm of the first years that the then small KIRAN-Staff-Team dared to dream.... How good to read this today... and to thank God who helps us day after day to realize this dream at least a tiny little bit!

what shall the future bring Aream, KIRAN. family, dream What we can become,
this is important! Tream, KIRAN - family , dream! Oream of the least in the world Oream of what is possitee for them Turn your inside out for them! Hake others strong Then, together we shall be strong! Oream, KIRAN family, dream live and love as juxly as possible! Then we shall share LIFE

VISITORS GUIDE



