



# BEYOND BOUNDARIES

KIRAN Society's Journey of Inclusive Care



Newsletter  
JULY- OCTOBER  
2023



## Empowering Frontline Workers 'AAA' (Asha, ANM & Anganwadi) through Orientation Program

In a significant stride towards community empowerment, Kiran Society conducted a series of 'AAA' (Asha, Anganwadi, ANM & CHO) meetings under the GANESH project. As of October, a total of 14 meetings were successfully organized across three blocks: Kashi Vidyapeeth, Shikhar, and Majahawa.



These meetings witnessed active participation and discussions, focusing on vital topics such as new selection criteria for infants, colostrum (first mother's milk), immunization, and nutrition. The sessions also shed light on early identification practices, emphasizing its paramount importance in creating awareness within the community.

The Community-Based Rehabilitation Department, under the GANESH project, orchestrated three days of Neuro-pediatric camps, benefitting a total of 37 children. Expert doctors conducted comprehensive neurological developmental assessments for children previously identified during general movement assessments. Parents received crucial nutritional counselling, and when necessary, medications were provided. The children availed themselves of medical consultations, medicines, nutritional supplements, and therapeutic services, collectively contributing to their holistic well-being.

## Neuro-Pediatric Camps: Bridging Developmental Gaps



## Nurturing Children's Feeding Skills

In line with our commitment to the holistic development of children with special needs, Kiran Society introduced a hands-on feeding training program. This initiative addresses the crucial role of feeding skills in a child's overall growth. The program, tailored for six children with Cerebral Palsy, includes Oro-Motor assessments, positioning guidance, and therapy demonstrations aimed at enhancing Oro-Motor skills. Additionally, parents receive a customized diet plan for continued progress at home.



## Fun and Learning Through Hippotherapy

The Physio-Occupational unit proudly organized Hippotherapy sessions for special children enrolled in Kiran's school. This engaging activity seeks to bolster gross motor skills, including trunk balance, body posture control, sitting balance, and coordination. Beyond its therapeutic benefits, this initiative offers children an enjoyable outdoor experience, fostering interactions with animals.



## Let's Walk Few Steps Together': A Tale of Triumph

Master Devansh Yadav is 4 years old boy affected with diplegic cerebral palsy. He accompanied by his parents in PCCU on 9th of July 2022 at first time with the complain of not able to stand and walk independently with poor dynamic balancing in kneeling. After two years of intensive therapy program and with the help of aids and appliance (B/L AFO), now he is able to stand and walk independently and also going to Anganwadi school. Parents co-operation was very good and they are very much satisfied and happy to see the improvements in the child.



The Kiran Out-Reach team, in collaboration with esteemed partners, extended neuro-rehabilitation services to remote villages in Varanasi, Mau, Gazipur (Uttar Pradesh), and Kaimur (Bihar) districts. A total of 296 children with diverse disabilities received personalized evaluations and therapy demonstrations. Individualized rehabilitation plans were formulated, equipping parents with the tools to continue progress within their homes.

## Kiran Society's Out-Reach Initiative



## Empowering Parents through 'Residential Parents Training Program

October witnessed a transformative five-day residential training program for parents of intellectually disabled children. Five children and their parents participated, gaining invaluable insights into their children's conditions and learning essential therapeutic techniques. Topics covered included feeding training, speech and communication, cognitive stimulation, behavior management, and group interaction. The overwhelmingly positive feedback from parents underscores the program's success.



## Facilitating Mobility Through Customized Wheelchairs

Sunil Ram's life took a positive turn with the receipt of a customised wheelchair tailored to his comfort and needs. This newfound mobility has enabled him to embrace independence in daily activities, enhancing his sitting posture, balance, and participation in outdoor activities with friends and family.

# Celebrating Milestones: Joy, Independence, and Unity

## Independence Day :

Founder Sister Sangeeta JK hoisted the flag on Independence Day, where the spirited children of our school showcased their patriotic fervor. The event was graced by the esteemed presence of Madhopur Gram Pradhan from Varanasi.

## Hindi Diwas Festivities:

Hindi Diwas was celebrated with a range of competitions amongst our students, including. This spirited event not only promoted linguistic excellence but also encouraged a deep appreciation for our cultural heritage.

## Teachers' Day :

On Teachers' Day, our talented students from both the special and inclusive schools dazzled with captivating performances, demonstrating their gratitude and admiration for their mentors.

## KIRAN NGO's Birthday Celebration:

In celebration of KIRAN NGO's milestone, our special school students orchestrated a cultural extravaganza, showcasing their remarkable abilities and the transformative power of support. This event not only marked the organization's progress but also served as a testament to the immense potential within each child.



# Ignite Hope, Embrace Inclusivity, Transform Lives !!



Dear Supporters,  
Join us on our journey  
'Beyond Boundaries,' where  
every contribution sparks  
hope and nurtures inclusivity.  
With your support, Kiran  
Society empowers children  
with special needs, creating a  
future of boundless  
opportunities. Together, let's  
transform lives and create a  
world of limitless potential.  
Donate today and be part of  
this extraordinary endeavor.

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